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PARTICIPATION IN EXERCISE, RECREATION AND SPORT | 2001



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Tim Dale and Ian Ford
Australian Sports Commission

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MINISTER'S FOREWORD

The inaugural Exercise, Recreation and Sport Survey, or ERASS as it is known, measures Australians' participation in sport and physical activity. It is the work of the Australian Sports Commission and the state and territory departments of sport and recreation.

The ERASS publication is a snapshot of the exercise, recreation and sporting habits of Australians' 15 years and over. Future ERASS surveys will allow comparisons of figures from past years, enabling the forecasting and prediction of emerging trends in sport and physical activity.

The survey measured critical factors that clearly indicate the level of active participation in sport and physical activity in this country including:

- participation in organised and non-organised sport and physical activity;
- type and frequency of sport and physical activity participation; and
- breakdowns of state/territory participation rates in sport and physical activity.

In conjunction with other research, these measurements will assist government at all levels, and the broad spectrum of sporting organisations, to base future funding and resource allocations on reliable statistical evidence.

As Minister for Sport, I welcome this new annual survey and thank the Australian Sports Commission and the state and territory departments of sport and recreation for producing a valuable and insightful contribution to the Australian sports industry.



Senator the Hon. Rod Kemp
Minister for the Arts and Sport



Rod Kemp

CONTENTS

Introduction and acknowledgment	1
Main findings	2
Overall participation.....	2
Organised participation.....	3
Organised versus non-organised participation.....	4
Tables	
<i>National Tables</i>	
1. Characteristics of Participants: Sport and Physical Activities.....	5
2. Participants: Sport and Physical Activities — States and Territories, by Age and Sex.....	6
3. Participants: Selected Sports and Physical Activities, by Sex.....	7
4. Participants: Selected Sports and Physical Activities, by Frequency of Participation.....	8
5. Participants: Selected Sports and Physical Activities, by Age.....	10
6. Participants: Sport and Physical Activities — Type of Participation, by Age and Sex.....	12
7. Participants: Selected Sports and Physical Activities: Type of participation.....	13
8. Participants: Organised Sport and Physical Activities: States and Territories, by Age and Sex.....	14
9. Participants: Organised Sport and Physical Activities: Type of Organisation, by Age and Sex.....	15
<i>State Specific Tables</i>	
10. Participants: Selected Sports and Physical Activities: Australian Capital Territory.....	16
11. Participants: Selected Sports and Physical Activities: New South Wales.....	17
12. Participants: Selected Sports and Physical Activities: Northern Territory.....	18
13. Participants: Selected Sports and Physical Activities: Queensland.....	19
14. Participants: Selected Sports and Physical Activities: South Australia.....	20
15. Participants: Selected Sports and Physical Activities: Tasmania.....	21
16. Participants: Selected Sports and Physical Activities: Victoria.....	22
17. Participants: Selected Sports and Physical Activities: Western Australia.....	23
Explanatory notes	24
Exercise, Recreation and Sport Survey Questionnaire	27
Glossary	33
Contacts	36

INTRODUCTION & ACKNOWLEDGMENT

This publication presents the first results from the Exercise, Recreation and Sport Survey (ERASS). The survey is funded by the Australian Sports Commission and State/Territory Departments of Sport and Recreation. The support of States and Territories is gratefully acknowledged by the Australian Sports Commission.

The ERASS collects information on participation in physical activity for exercise, recreation and sport by Australians. Participation is restricted to active 'playing' participation and does not include non-playing participation such as coaching, refereeing and spectating or activities that are related to work or household chores.

The survey is conducted quarterly throughout Australia, with the fieldwork undertaken by ACNielsen Research. Results from the four quarterly surveys conducted in 2001 were aggregated to produce this publication. Assistance with the data analysis was provided by the Australian Bureau of Statistics.

The publication presents information regarding the:

- level of participation in physical activity; and
- type and frequency of participation in physical activity.

Information is provided for both organised and non-organised sport for all States and Territories and for a variety of demographic variables.

The survey will also be conducted in 2002 and 2003, allowing participation trends to be monitored over time.

MAIN FINDINGS

OVERALL PARTICIPATION

Overview

During the 12 months prior to interview in 2001, an estimated 11.7 million persons aged 15 years and over participated in at least one physical activity for exercise, recreation or sport. This represents a participation rate of 77.8% (**table 1**). Household or garden chores, or activities that were part of work were not included.

Frequency of participation

The frequency of participation can be measured by the average (median) number of sessions undertaken per week. Overall, persons undertook an average of 1.9 sessions of activity per week. For those that participated in at least one physical activity, they undertook an average of 2.9 sessions of activity per week.

Age and sex

The participation rate was higher for males (79.8%) than females (75.9%) (**table 2**).

The 15 to 24 year age group had the highest participation rate (88.8%), with rates declining consistently with age to 60.1% for those aged 65 years and over. Males had higher participation rates than females for each of the age groups with the exception of the 55 to 64 years and 65 years and older age groups; for these the participation rate for females and males did not significantly differ.

Whilst males had a higher participation rate, females reported a slightly higher frequency of participation for all age groups.

Region

The participation rate for persons residing in the capital cities (79.6%) was higher than that for persons residing outside of these areas (74.6%). Across Australia, the participation rate ranged from 74.7% in South Australia to 83.2% in the Australian Capital Territory (**table 2**).

Labour force status

Those not in the labour force had a significantly lower participation rate (67.4%) than those employed (82.8%) and unemployed (81.3%) (**table 1**).

Education

In general, participation rates increased with level of educational attainment, from 65.6% for those that did not complete the highest level of secondary school to 88.7% for those with a university degree. However, the highest rates of participation were found for those still at school (95.5%) (**table 1**).

Type of activity

The activity with the highest participation rate was walking (28.8%). An estimated 4.4 million persons aged 15 years and over walked at least once for exercise, recreation or sport in the 12 months prior to interview. This does not include bushwalking (5.3%), which is reported as a separate activity. Other sports and physical activities that attracted high participation rates were swimming (16.0%), aerobics/fitness (13.0%), cycling (9.5%) and tennis (9.2%) (**table 3**).

Walking had the highest participation rate for both males and females, and across all age groups with the exception of the 15 to 24 year age group.

For males, activities with the highest participation rates were walking (19.5%), swimming (13.6%), golf (13.4%), cycling (13.0%) and running (9.8%).

For females, activities with the highest participation rates were walking (38.0%), swimming (18.3%), aerobics/fitness (16.9%), tennis (8.8%) and netball (7.0%).

In the youngest age group, 15 to 24 year olds, the activities that attracted the most participants were swimming (17.4%) and aerobics/fitness (15.6%). Whereas for the oldest age group, 65 years and over, walking (33.1%) and golf (8.7%) attracted the most participants (**table 5**).

The average number of times a person participates in an activity in the 12 months prior to interview has been determined by calculating median values. Activities with the highest medians (i.e. those that are most frequently participated in) were: walking (3.0 times per week); aerobics/fitness, boxing and weight training (2.0 times per week); and running (1.9 times per week) (**table 4**).

Participants participated in an average (mean) of 2.1 different activities in the 12 months prior to interview. This ranged from 2.5 different activities for the 15 to 24 year age group to 1.5 different activities for those aged 65 years and over. There were no significant differences between males and females in the number of different activities participated in.

ORGANISED PARTICIPATION

Overview

Six million persons aged 15 years and over participated in at least one organised activity (one that was organised by a club, association or other type of organisation). This represents a participation rate of 39.9% (**table 6**). It also represents over half (51.3%) of the 11.7 million persons who participated in sport or physical activity.

Frequency

Those persons who participated in organised sport or physical activity undertook an average of 1.4 sessions of organised activity per week.

MAIN FINDINGS

Age and sex

Of the 6 million persons who had participated in organised sport or physical activity, participation was higher for males (42.2%) than for females (37.7%) (**table 6**).

Organised participation rates were highest in the 15 to 24 age group (62.5%), and declined steadily with age to 27.2% for persons aged 65 years and over.

Region

Across Australia, the participation rate for organised sport and physical activities ranged from 38.7% for New South Wales up to 44.9% for the Northern Territory (**table 8**).

Type of activity

The organised activity with the highest participation rate was aerobics/fitness (6.4%). An estimated 966,500 persons aged 15 years and over participated in this activity in an organised environment at least once in the 12 months prior to interview. Other sports and physical activities with high organised participation rates were golf (4.3%), tennis (3.6%), netball (3.5%) and soccer (2.5%) (**table 7**).

Participants in organised sports or physical activity engaged in an average (mean) of 1.5 different organised activities in the 12 months prior to interview. There were no significant differences between males and females in the number of different organised activities participated in.

Organisation of the activity

An estimated 3.1 million persons participated in activities that were organised by a 'sport or recreation club or association' and an estimated 2.9 million persons participated in activities that were organised by a 'fitness, leisure or indoor sports centre' (**table 9**).

ORGANISED VERSUS NON-ORGANISED PARTICIPATION

Activities where participation is most often organised by a club, association or other organisation include lawn bowls (95% of lawn bowls participants engaged at least once in organised lawn bowls), triathlon (91%), netball (87%), softball (85%), baseball (84%) and touch football (84%) (**table 7**).

Activities least likely to be organised include walking (only 3% of walking participants engaged in organised walking), cycling (9%), surf sports (10%), ice/snow sports (12%), roller sports (12%) and running (13%).

TABLES

TABLE 1: Characteristics of Participants: Sport and Physical Activities (a)

	MALES		FEMALES		PERSONS	
	Participation Number '000	rate %	Participation Number '000	rate %	Participation Number '000	rate %
Age group (years)						
15–24	1,227.6	90.7	1,133.3	86.8	2,360.9	88.8
25–34	1,277.4	88.3	1,189.7	82.2	2,467.1	85.3
35–44	1,201.4	82.3	1,163.0	78.9	2,364.5	80.6
45–54	1,032.0	78.3	951.0	72.5	1,983.0	75.4
55–64	629.2	69.8	624.3	70.5	1,253.5	70.2
65 and over	596.3	59.6	723.3	60.4	1,319.6	60.1
Region						
Capital cities	3,956.2	82.0	3,835.6	77.2	7,791.8	79.6
Rest of State	2,007.7	75.7	1,949.0	73.4	3,956.7	74.6
Employment status						
Employed full-time	3,683.5	83.5	1,789.2	80.6	5,472.7	82.5
Employed part-time	765.3	85.3	1,721.3	82.5	2,486.6	83.4
<i>Total employed</i>	<i>4,448.8</i>	<i>83.8</i>	<i>3,510.5</i>	<i>81.5</i>	<i>7,959.3</i>	<i>82.8</i>
Unemployed	284.4	82.6	270.2	80.0	554.6	81.3
Not in the labour force	1,230.7	67.5	2,004.0	67.3	3,234.7	67.4
Marital status						
Married	3,305.4	78.6	3,264.8	74.9	6,570.2	76.7
Not married	2,636.8	81.4	2,477.2	77.3	5,114.0	79.4
Refused/don't know	*21.7	*69.8	42.6	76.5	64.4	74.1
Children aged under 18 years in the household						
At least one child under 18 at home	1,684.3	82.4	1,952.6	77.5	3,636.8	79.7
At least one child under 18 — none at home	200.7	82.3	28.9	77.6	229.6	81.7
No children aged under 18	4,078.9	78.6	3,803.2	75.1	7,882.1	76.9
Highest educational attainment						
University degree or higher (including postgraduate diploma)	1,399.6	88.8	1,272.0	88.6	2,671.6	88.7
Undergraduate diploma or associate diploma	433.7	84.7	490.2	79.9	923.9	82.1
Certificate, trade qualification or apprenticeship	1,068.4	81.3	679.1	78.5	1,747.4	80.2
Highest level of secondary school	1,369.1	81.3	1,455.2	76.5	2,824.3	78.8
Did not complete highest level of school	1,325.3	67.3	1,543.5	64.3	2,868.8	65.6
Never went to school	*11.0	*58.0	**3.6	**34.3	*14.6	*49.5
Still at secondary school	305.9	96.4	297.1	94.6	603.0	95.5
Other	37.6	67.7	*25.4	*57.8	63.0	63.3
Refused	*13.5	*43.7	*18.4	*53.0	32.0	48.6
Total	5,963.9	79.8	5,784.6	75.9	11,748.6	77.8

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

(a) Relates to persons aged 15 years and over who participated in sport or physical activity over a 12-month period prior to interview in 2001.

TABLES

TABLE 2: Participants: Sport and Physical Activities — States and Territories, by Age and Sex (a)

Sex	Age group (years)	ACT	NSW	NT	Qld	SA	Tas.	Vic.	WA	Australia
		NUMBER '000	'000	'000	'000	'000	'000	'000	'000	'000
Males	15–24	23.2	413.1	13.1	235.8	85.7	29.7	311.6	115.3	1,227.6
	25–34	21.8	439.5	17.5	237.8	90.1	24.2	316.5	130.0	1,277.4
	35–44	20.4	410.4	13.7	206.5	95.0	26.1	305.5	123.9	1,201.4
	45–54	18.5	351.6	9.9	195.9	79.6	23.7	249.0	103.7	1,032.0
	55–64	10.9	202.2	4.1	128.4	48.5	15.3	154.5	65.3	629.2
	65 and over	8.3	209.1	1.8	94.8	48.4	15.4	156.4	62.1	596.3
	<i>Total</i>	<i>103.0</i>	<i>2,025.9</i>	<i>60.1</i>	<i>1,099.2</i>	<i>447.2</i>	<i>134.4</i>	<i>1,493.6</i>	<i>600.4</i>	<i>5,963.9</i>
Females	15–24	19.7	388.8	12.4	215.2	82.6	26.6	269.8	118.3	1,133.3
	25–34	21.8	406.3	14.5	222.8	79.2	26.6	297.6	121.0	1,189.7
	35–44	20.0	381.0	11.5	215.9	90.9	29.0	297.0	117.7	1,163.0
	45–54	18.3	298.2	8.9	176.5	73.7	27.1	241.8	106.5	951.0
	55–64	10.2	215.1	3.8	115.2	49.9	17.7	147.1	65.3	624.3
	65 and over	8.5	256.2	2.0	115.2	62.4	19.4	190.7	68.8	723.3
	<i>Total</i>	<i>98.5</i>	<i>1,945.5</i>	<i>53.2</i>	<i>1,060.8</i>	<i>438.7</i>	<i>146.4</i>	<i>1,443.9</i>	<i>597.6</i>	<i>5,784.6</i>
Persons	15–24	42.9	801.9	25.5	451.0	168.3	56.3	581.4	233.7	2,360.9
	25–34	43.6	845.8	32.0	460.6	169.3	50.8	614.1	251.0	2,467.1
	35–44	40.4	791.4	25.3	422.4	185.9	55.0	602.5	241.6	2,364.5
	45–54	36.8	649.8	18.8	372.4	153.3	50.8	490.9	210.2	1,983.0
	55–64	21.1	417.3	7.9	243.6	98.3	33.0	301.6	130.7	1,253.5
	65 and over	16.8	465.3	3.8	210.0	110.9	34.8	347.1	131.0	1,319.6
	Total	201.5	3,971.4	113.3	2,160.0	886.0	280.8	2,937.6	1,198.1	11,748.6
PARTICIPATION RATE										
		%	%	%	%	%	%	%	%	%
Males	15–24	95.5	92.3	88.4	92.0	85.3	94.6	91.6	83.2	90.7
	25–34	86.9	90.4	93.0	89.6	85.6	82.4	85.2	90.0	88.3
	35–44	87.0	82.8	83.3	76.6	85.0	76.6	84.6	84.1	82.3
	45–54	82.0	79.8	76.5	78.6	76.6	72.4	77.6	77.3	78.3
	55–64	82.2	66.1	58.4	74.9	66.9	65.5	69.7	75.7	69.8
	65 and over	73.3	60.2	52.8	53.4	53.9	57.7	61.1	70.7	59.6
	<i>Total</i>	<i>85.9</i>	<i>80.3</i>	<i>81.9</i>	<i>79.1</i>	<i>76.6</i>	<i>75.7</i>	<i>79.8</i>	<i>81.3</i>	<i>79.8</i>
Females	15–24	86.1	90.3	87.5	86.7	85.5	86.3	82.5	87.8	86.8
	25–34	86.7	82.8	80.0	83.1	77.4	85.5	80.3	85.4	82.2
	35–44	81.0	77.2	75.7	78.2	80.1	81.3	80.6	80.1	78.9
	45–54	79.1	68.6	78.7	71.8	69.6	82.2	74.0	81.2	72.5
	55–64	78.5	71.5	73.0	70.0	67.5	75.7	66.2	79.6	70.5
	65 and over	63.3	60.8	64.2	56.8	57.0	60.1	61.2	66.8	60.4
	<i>Total</i>	<i>80.6</i>	<i>75.6</i>	<i>79.1</i>	<i>75.5</i>	<i>72.9</i>	<i>78.6</i>	<i>75.0</i>	<i>80.8</i>	<i>75.9</i>
Persons	15–24	91.0	91.3	88.0	89.4	85.4	90.5	87.1	85.4	88.8
	25–34	86.8	86.6	86.6	86.4	81.6	84.0	82.8	87.7	85.3
	35–44	83.9	80.0	79.7	77.4	82.5	79.0	82.6	82.1	80.6
	45–54	80.5	74.2	77.5	75.2	73.1	77.3	75.8	79.2	75.4
	55–64	80.4	68.8	64.6	72.5	67.2	70.6	68.0	77.6	70.2
	65 and over	67.9	60.5	58.3	55.2	55.6	59.0	61.1	68.6	60.1
	Total	83.2	77.9	80.5	77.3	74.7	77.2	77.4	81.0	77.8

(a) Relates to persons aged 15 years and over who participated in sport or physical activity over a 12-month period prior to interview in 2001.

TABLE 3: Participants: Selected Sports and Physical Activities, by Sex

	MALES		FEMALES		PERSONS	
	Participation Number '000	rate %	Participation Number '000	rate %	Participation Number '000	rate %
Aerobics/fitness	674.0	9.0	1,287.0	16.9	1,961.0	13.0
Aquarobics	**4.1	**0.1	138.0	1.8	142.1	0.9
Athletics/track and field	53.3	0.7	51.7	0.7	105.1	0.7
Australian Rules football	339.2	4.5	*14.2	*0.2	353.3	2.3
Badminton	30.1	0.4	54.9	0.7	84.9	0.6
Baseball	35.1	0.5	*14.3	*0.2	49.4	0.3
Basketball	327.6	4.4	208.0	2.7	535.6	3.5
Boxing	40.8	0.5	*14.5	*0.2	55.2	0.4
Canoeing/kayaking	64.8	0.9	37.3	0.5	102.1	0.7
Carpet bowls	*13.1	*0.2	45.9	0.6	59.0	0.4
Cricket (indoor)	164.9	2.2	*24.3	*0.3	189.2	1.3
Cricket (outdoor)	351.0	4.7	59.8	0.8	410.8	2.7
Cycling	974.8	13.0	463.4	6.1	1,438.3	9.5
Dancing	55.5	0.7	241.9	3.2	297.4	2.0
Darts	*17.1	*0.2	*15.0	*0.2	32.1	0.2
Fishing	309.5	4.1	55.5	0.7	365.0	2.4
Golf	999.2	13.4	241.0	3.2	1,240.2	8.2
Gymnastics	*25.9	*0.3	28.0	0.4	54.0	0.4
Hockey (indoor)	*16.3	*0.2	*17.9	*0.2	34.2	0.2
Hockey (outdoor)	76.5	1.0	80.9	1.1	157.4	1.0
Horse riding/equestrian activities/polocrosse	67.7	0.9	153.1	2.0	220.9	1.5
Ice/snow sports	133.5	1.8	62.7	0.8	196.2	1.3
Lawn bowls	161.4	2.2	128.6	1.7	290.0	1.9
Martial arts	146.5	2.0	169.7	2.2	316.2	2.1
Motor sports	138.1	1.8	*11.9	*0.2	150.0	1.0
Netball	79.0	1.1	533.5	7.0	612.4	4.1
Rock climbing	85.0	1.1	35.5	0.5	120.5	0.8
Roller sports	87.5	1.2	51.1	0.7	138.6	0.9
Rowing	35.1	0.5	31.0	0.4	66.1	0.4
Rugby league	157.6	2.1	*7.9	*0.1	165.5	1.1
Rugby union	85.5	1.1	*10.8	*0.1	96.4	0.6
Running	729.3	9.8	355.0	4.7	1,084.3	7.2
Sailing	109.4	1.5	41.0	0.5	150.3	1.0
Scuba diving	61.9	0.8	*17.5	*0.2	79.4	0.5
Shooting sports	51.6	0.7	**6.4	**0.1	58.1	0.4
Soccer (indoor)	143.3	1.9	31.0	0.4	174.4	1.2
Soccer (outdoor)	432.2	5.8	119.2	1.6	551.3	3.7
Softball	*27.7	*0.4	86.9	1.1	114.6	0.8
Squash/racquetball	230.0	3.1	94.7	1.2	324.7	2.2
Surf sports	336.3	4.5	30.4	0.4	366.6	2.4
Swimming	1,017.0	13.6	1,398.4	18.3	2,415.5	16.0
Table tennis	50.2	0.7	27.9	0.4	78.1	0.5
Tennis	708.1	9.5	673.7	8.8	1,381.8	9.2
Tenpin bowling	66.1	0.9	86.1	1.1	152.1	1.0
Touch football	275.0	3.7	129.0	1.7	404.0	2.7
Triathlons	31.6	0.4	**4.7	**0.1	36.3	0.2
Volleyball	142.3	1.9	111.8	1.5	254.1	1.7
Walking (bush)	376.6	5.0	418.3	5.5	794.9	5.3
Walking (other)	1,461.8	19.5	2,894.1	38.0	4,355.9	28.8
Waterskiing/powerboating	124.8	1.7	51.7	0.7	176.5	1.2
Weight-training	276.5	3.7	168.7	2.2	445.2	2.9
Yoga	32.0	0.4	190.6	2.5	222.6	1.5

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

TABLES

TABLE 4: Participants: Selected Sports and Physical Activities, by Frequency of Participation (a)

Activity	NUMBER ('000)						Total (b)
	1-6 times	7-12 times	13-26 times	27-52 times	53-104 times	More than 104 times	
Aerobics/fitness	87.1	97.7	162.6	336.2	426.7	815.8	1,961.0
Aquarobics	*15.8	*8.6	*23.5	45.7	32.5	*11.2	142.1
Athletics/track and field	30.8	*17.5	*11.3	*14.7	*10.7	*19.9	105.1
Australian Rules football	43.5	*24.8	52.4	78.1	87.3	67.2	353.3
Badminton	*15.4	*10.8	*11.1	29.6	*16.0	**2.0	84.9
Baseball	**4.5	**0.0	*8.8	*14.3	*21.7	**0.2	49.4
Basketball	63.5	52.6	83.1	169.9	91.3	75.2	535.6
Boxing	**4.0	**4.8	**1.6	*13.5	*19.7	*11.6	55.2
Canoeing/kayaking	50.2	*13.3	*9.1	*10.4	*13.6	**4.4	102.1
Carpet bowls	**1.8	**1.3	**0.8	*22.9	*18.7	*11.6	59.0
Cricket (indoor)	30.0	*23.0	46.8	64.3	*18.1	**7.0	189.2
Cricket (outdoor)	82.1	54.8	105.7	78.2	67.7	*21.8	410.8
Cycling	151.1	143.1	173.0	312.7	250.9	396.2	1,438.3
Dancing	*17.0	*23.1	*22.2	98.8	69.9	62.0	297.4
Darts	**2.1	**1.9	**4.0	*11.4	**7.0	**5.6	32.1
Fishing	69.7	88.8	82.7	83.1	34.0	**6.6	365.0
Golf	264.6	218.4	197.1	311.7	190.0	58.3	1,240.2
Gymnastics	**0.4	**3.3	**4.8	*18.9	**5.1	*21.5	54.0
Hockey (indoor)	**5.6	**5.2	*12.8	*8.5	**1.1	**1.0	34.2
Hockey (outdoor)	*21.9	**6.9	27.8	34.2	29.6	37.0	157.4
Horse riding/equestrian activities/polocrosse	56.3	28.4	*23.4	30.9	*21.6	57.9	220.9
Ice/snow sports	93.5	34.3	29.5	*19.9	**6.1	**4.3	196.2
Lawn bowls	*26.1	*20.5	*16.4	71.9	97.9	52.8	290.0
Martial arts	*23.6	*26.5	32.5	75.5	81.9	69.3	316.2
Motor sports	29.9	31.5	42.0	*26.0	*12.4	*8.1	150.0
Netball	56.7	54.8	102.7	256.4	85.4	56.5	612.4
Rock climbing	64.6	*25.7	*16.1	*8.5	**2.5	**1.9	120.5
Roller sports	*26.0	*10.1	30.5	*10.1	*13.1	43.8	138.6
Rowing	*14.7	**3.1	**3.2	*18.3	*7.6	*19.3	66.1
Rugby league	*20.9	*11.9	*19.8	34.1	34.8	44.0	165.5
Rugby union	**7.0	*8.8	*12.7	30.7	*17.8	*19.3	96.4
Running	72.7	92.9	85.6	226.4	243.5	363.2	1,084.3
Sailing	43.8	*20.9	*24.2	47.2	*8.9	**5.4	150.3
Scuba diving	*22.9	*19.8	*17.4	*13.6	**2.6	**0.4	79.4
Shooting sports	*11.3	*14.6	*17.5	**3.8	**6.6	**3.4	58.1
Soccer (indoor)	36.4	*24.2	29.8	47.9	*19.3	*16.7	174.4
Soccer (outdoor)	70.7	54.2	109.7	135.2	96.3	77.4	551.3
Softball	*27.1	*14.8	*22.1	32.9	*12.4	**4.1	114.6
Squash/racquetball	47.6	34.2	43.7	138.2	45.2	*15.9	324.7
Surf sports	32.8	38.3	74.0	91.6	66.9	63.0	366.6
Swimming	222.6	247.6	399.7	685.5	445.7	389.0	2,415.5
Table tennis	*7.6	*14.2	**5.8	*17.7	*16.6	*16.0	78.1
Tennis	293.2	215.8	225.4	413.2	164.4	70.0	1,381.8
Tenpin bowling	52.2	*13.0	**6.0	43.0	*24.2	*9.3	152.1
Touch football	37.3	56.9	124.9	132.2	30.2	*17.5	404.0
Triathlons	**6.9	**3.6	**2.3	**6.3	**0.2	*17.0	36.3
Volleyball	43.0	46.0	49.1	78.3	*19.9	*17.8	254.1
Walking (bush)	323.0	148.8	106.4	96.6	44.2	73.0	794.9
Walking (other)	89.3	138.3	185.2	573.0	801.6	2,565.1	4,355.9
Waterskiing/powerboating	44.3	51.4	53.6	*14.1	*7.9	**5.2	176.5
Weight-training	**6.5	*17.9	41.4	64.3	111.2	201.2	445.2
Yoga	28.0	*12.3	29.7	81.0	34.9	36.5	222.6

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Activity	PARTICIPATION RATE (%)						Total (b)	MEDIAN
	1-6 times	7-12 times	13-26 times	27-52 times	53-104 times	More than 104 times		
Aerobics/fitness	0.6	0.6	1.1	2.2	2.8	5.4	13.0	104
Aquarobics	*0.1	*0.1	*0.2	0.3	0.2	*0.1	0.9	52
Athletics/track and field	0.2	*0.1	*0.1	*0.1	*0.1	*0.1	0.7	24
Australian Rules football	0.3	*0.2	0.3	0.5	0.6	0.4	2.3	52
Badminton	*0.1	*0.1	*0.1	0.2	*0.1	**0.0	0.6	50
Baseball	**0.0	**0.0	*0.1	*0.1	*0.1	**0.0	0.3	52
Basketball	0.4	0.3	0.6	1.1	0.6	0.5	3.5	52
Boxing	**0.0	**0.0	**0.0	*0.1	*0.1	*0.1	0.4	104
Canoeing/kayaking	0.3	*0.1	*0.1	*0.1	*0.1	**0.0	0.7	7
Carpet bowls	**0.0	**0.0	**0.0	*0.2	*0.1	*0.1	0.4	60
Cricket (indoor)	0.2	*0.2	0.3	0.4	*0.1	**0.0	1.3	26
Cricket (outdoor)	0.5	0.4	0.7	0.5	0.4	*0.1	2.7	22
Cycling	1.0	0.9	1.1	2.1	1.7	2.6	9.5	52
Dancing	*0.1	*0.2	*0.1	0.7	0.5	0.4	2.0	52
Darts	**0.0	**0.0	**0.0	*0.1	**0.0	**0.0	0.2	52
Fishing	0.5	0.6	0.5	0.6	0.2	**0.0	2.4	20
Golf	1.8	1.4	1.3	2.1	1.3	0.4	8.2	25
Gymnastics	**0.0	**0.0	**0.0	*0.1	**0.0	*0.1	0.4	52
Hockey (indoor)	**0.0	**0.0	*0.1	*0.1	**0.0	**0.0	0.2	20
Hockey (outdoor)	*0.1	**0.0	0.2	0.2	0.2	0.2	1.0	52
Horse riding/equestrian activities/polocrosse	0.4	0.2	*0.2	0.2	*0.1	0.4	1.5	30
Ice/snow sports	0.6	0.2	0.2	*0.1	**0.0	**0.0	1.3	7
Lawn bowls	*0.2	*0.1	*0.1	0.5	0.6	0.3	1.9	62
Martial arts	*0.2	*0.2	0.2	0.5	0.5	0.5	2.1	52
Motor sports	0.2	0.2	0.3	*0.2	*0.1	*0.1	1.0	20
Netball	0.4	0.4	0.7	1.7	0.6	0.4	4.1	50
Rock climbing	0.4	*0.2	*0.1	*0.1	**0.0	**0.0	0.8	6
Roller sports	*0.2	*0.1	0.2	*0.1	*0.1	0.3	0.9	30
Rowing	*0.1	**0.0	**0.0	*0.1	*0.1	*0.1	0.4	52
Rugby league	*0.1	*0.1	*0.1	0.2	0.2	0.3	1.1	52
Rugby union	**0.0	*0.1	*0.1	0.2	*0.1	*0.1	0.6	52
Running	0.5	0.6	0.6	1.5	1.6	2.4	7.2	100
Sailing	0.3	*0.1	*0.2	0.3	*0.1	**0.0	1.0	20
Scuba diving	*0.2	*0.1	*0.1	*0.1	**0.0	**0.0	0.5	12
Shooting sports	*0.1	*0.1	*0.1	**0.0	**0.0	**0.0	0.4	15
Soccer (indoor)	0.2	*0.2	0.2	0.3	*0.1	*0.1	1.2	26
Soccer (outdoor)	0.5	0.4	0.7	0.9	0.6	0.5	3.7	36
Softball	*0.2	*0.1	*0.1	0.2	*0.1	**0.0	0.8	26
Squash/racquetball	0.3	0.2	0.3	0.9	0.3	*0.1	2.2	50
Surf sports	0.2	0.3	0.5	0.6	0.4	0.4	2.4	50
Swimming	1.5	1.6	2.6	4.5	3.0	2.6	16.0	50
Table tennis	*0.1	*0.1	**0.0	*0.1	*0.1	*0.1	0.5	52
Tennis	1.9	1.4	1.5	2.7	1.1	0.5	9.2	26
Tenpin bowling	0.3	*0.1	**0.0	0.3	*0.2	*0.1	1.0	40
Touch football	0.2	0.4	0.8	0.9	0.2	*0.1	2.7	26
Triathlons	**0.0	**0.0	**0.0	**0.0	**0.0	*0.1	0.2	52
Volleyball	0.3	0.3	0.3	0.5	*0.1	*0.1	1.7	26
Walking (bush)	2.1	1.0	0.7	0.6	0.3	0.5	5.3	12
Walking (other)	0.6	0.9	1.2	3.8	5.3	17.0	28.8	156
Waterskiing/powerboating	0.3	0.3	0.4	*0.1	*0.1	**0.0	1.2	12
Weight-training	**0.0	*0.1	0.3	0.4	0.7	1.3	2.9	104
Yoga	0.2	*0.1	0.2	0.5	0.2	0.2	1.5	52

(a) Number of times persons undertook the activity, including practice and training, during the 12 months prior to interview.

(b) Components may not add to totals as some persons did not indicate how often they participated in the activity.

TABLES

TABLE 5: Participants: Selected Sports and Physical Activities, by Age

Activity	NUMBER ('000)						Total
	15-24 years	25-34 years	35-44 years	45-54 years	55-64 years	65 years and over	
Aerobics/fitness	415.4	538.6	400.8	285.0	156.9	164.3	1,961.0
Aquarobics	**5.0	36.7	*22.1	*25.1	*23.1	29.9	142.1
Athletics/track and field	91.0	**5.0	**3.6	**5.1	**0.4	**0.0	105.1
Australian Rules football	201.7	79.5	55.6	*14.6	**1.9	**0.0	353.3
Badminton	31.1	*16.3	*19.9	*13.6	**2.2	**1.8	84.9
Baseball	*20.5	*10.2	*12.0	**6.8	**0.0	**0.0	49.4
Basketball	337.6	96.4	73.7	*26.5	**0.8	**0.5	535.6
Boxing	33.8	*15.0	**5.9	**0.5	**0.0	**0.0	55.2
Canoeing/kayaking	*22.5	*22.9	*19.2	*25.6	*7.4	**4.5	102.1
Carpet bowls	**3.4	**0.0	**0.0	**0.2	**3.2	52.2	59.0
Cricket (indoor)	69.3	73.7	28.2	*16.1	**0.0	**2.0	189.2
Cricket (outdoor)	182.9	112.4	80.4	*24.6	*10.2	**0.2	410.8
Cycling	255.0	427.1	359.9	250.9	93.8	51.6	1,438.3
Dancing	81.1	34.8	35.4	53.0	43.2	49.8	297.4
Darts	**0.0	**5.5	*8.6	*8.6	*4.8	**4.5	32.1
Fishing	*25.1	80.2	76.5	77.4	63.7	42.1	365.0
Golf	95.8	228.7	234.3	279.0	210.3	192.1	1,240.2
Gymnastics	*13.6	**7.1	*10.0	*16.5	**3.1	**3.8	54.0
Hockey (indoor)	*21.6	*10.1	**0.9	**1.6	**0.0	**0.0	34.2
Hockey (outdoor)	95.2	27.7	*20.1	*11.0	**3.3	**0.0	157.4
Horse riding/equestrian activities/polocrosse	47.8	42.3	52.9	45.7	*22.0	*10.1	220.9
Ice/snow sports	50.7	70.9	38.9	*17.9	*10.8	**7.1	196.2
Lawn bowls	**1.8	**4.7	*18.6	30.1	57.4	177.4	290.0
Martial arts	108.7	74.3	48.7	37.6	*20.1	*26.9	316.2
Motor sports	39.1	45.3	35.3	*24.0	**4.4	**1.9	150.0
Netball	295.6	189.4	95.9	29.9	**1.7	**0.0	612.4
Rock climbing	59.9	*23.2	*13.7	*12.2	*10.1	**1.4	120.5
Roller sports	89.8	*26.1	*13.6	*8.3	**0.8	**0.0	138.6
Rowing	*26.9	*14.9	**5.1	*9.2	*7.5	**2.6	66.1
Rugby league	108.2	32.2	*16.2	**5.8	**3.2	**0.0	165.5
Rugby union	53.1	28.2	*8.9	**2.6	**3.5	**0.0	96.4
Running	299.3	331.3	244.3	140.0	57.1	*12.3	1,084.3
Sailing	*15.5	48.3	*26.7	31.6	*17.3	*10.9	150.3
Scuba diving	*22.5	*27.5	*11.2	*13.4	**3.5	**1.4	79.4
Shooting sports	**5.8	*20.3	*13.2	**2.9	*11.7	**4.1	58.1
Soccer (indoor)	106.3	44.4	*20.7	**2.9	**0.0	**0.0	174.4
Soccer (outdoor)	329.6	97.6	90.8	30.3	**2.9	**0.1	551.3
Softball	67.3	*24.5	*10.6	*9.1	**3.2	**0.0	114.6
Squash/racquetball	76.5	101.4	68.1	64.7	*14.1	**0.0	324.7
Surf sports	91.0	111.7	78.7	55.9	*16.6	*12.7	366.6
Swimming	463.1	568.3	633.9	372.5	210.8	166.9	2,415.5
Table tennis	*20.3	*11.8	*16.7	*12.0	**6.4	*10.8	78.1
Tennis	316.0	303.2	319.6	226.6	142.2	74.2	1,381.8
Tenpin bowling	*18.6	32.6	36.1	28.2	*18.2	*18.6	152.1
Touch football	169.3	154.4	58.3	*17.2	**4.8	**0.0	404.0
Triathlons	**6.1	*19.7	**6.0	**4.4	**0.0	**0.0	36.3
Volleyball	141.9	63.9	38.4	*8.0	**0.1	**1.8	254.1
Walking (bush)	71.6	176.3	190.1	194.9	106.1	55.9	794.9
Walking (other)	374.5	772.8	873.8	953.9	653.2	727.6	4,355.9
Waterskiing/powerboating	39.0	55.3	64.5	*14.1	**3.3	**0.2	176.5
Weight-training	113.7	143.4	80.1	69.2	*19.4	*19.3	445.2
Yoga	50.0	60.1	40.8	43.8	*15.6	*12.4	222.6

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Activity	PARTICIPATION RATE (%)						Total
	15-24 years	25-34 years	35-44 years	45-54 years	55-64 years	65 years and over	
Aerobics/fitness	15.6	18.6	13.7	10.8	8.8	7.5	13.0
Aquarobics	**0.2	1.3	*0.8	*1.0	*1.3	1.4	0.9
Athletics/track and field	3.4	**0.2	**0.1	**0.2	**0.0	**0.0	0.7
Australian Rules football	7.6	2.7	1.9	*0.6	**0.1	**0.0	2.3
Badminton	1.2	*0.6	*0.7	*0.5	**0.1	**0.1	0.6
Baseball	*0.8	*0.4	*0.4	**0.3	**0.0	**0.0	0.3
Basketball	12.7	3.3	2.5	*1.0	**0.0	**0.0	3.5
Boxing	1.3	*0.5	**0.2	**0.0	**0.0	**0.0	0.4
Canoeing/kayaking	*0.8	*0.8	*0.7	*1.0	*0.4	**0.2	0.7
Carpet bowls	**0.1	**0.0	**0.0	**0.0	**0.2	2.4	0.4
Cricket (indoor)	2.6	2.5	1.0	*0.6	**0.0	**0.1	1.3
Cricket (outdoor)	6.9	3.9	2.7	*0.9	*0.6	**0.0	2.7
Cycling	9.6	14.8	12.3	9.5	5.3	2.3	9.5
Dancing	3.1	1.2	1.2	2.0	2.4	2.3	2.0
Darts	**0.0	**0.2	*0.3	*0.3	**0.3	**0.2	0.2
Fishing	*0.9	2.8	2.6	2.9	3.6	1.9	2.4
Golf	3.6	7.9	8.0	10.6	11.8	8.7	8.2
Gymnastics	*0.5	**0.2	*0.3	*0.6	**0.2	**0.2	0.4
Hockey (indoor)	*0.8	*0.4	**0.0	**0.1	**0.0	**0.0	0.2
Hockey (outdoor)	3.6	1.0	*0.7	*0.4	**0.2	**0.0	1.0
Horse riding/equestrian activities/polocrosse	1.8	1.5	1.8	1.7	*1.2	*0.5	1.5
Ice/snow sports	1.9	2.5	1.3	*0.7	*0.6	**0.3	1.3
Lawn bowls	**0.1	**0.2	*0.6	1.1	3.2	8.1	1.9
Martial arts	4.1	2.6	1.7	1.4	*1.1	*1.2	2.1
Motor sports	1.5	1.6	1.2	*0.9	**0.2	**0.1	1.0
Netball	11.1	6.5	3.3	1.1	**0.1	**0.0	4.1
Rock climbing	2.3	*0.8	*0.5	*0.5	*0.6	**0.1	0.8
Roller sports	3.4	*0.9	*0.5	*0.3	**0.0	**0.0	0.9
Rowing	*1.0	*0.5	**0.2	*0.3	*0.4	**0.1	0.4
Rugby league	4.1	1.1	*0.6	**0.2	**0.2	**0.0	1.1
Rugby union	2.0	1.0	*0.3	**0.1	**0.2	**0.0	0.6
Running	11.3	11.4	8.3	5.3	3.2	*0.6	7.2
Sailing	*0.6	1.7	*0.9	1.2	*1.0	*0.5	1.0
Scuba diving	*0.8	*0.9	*0.4	*0.5	**0.2	**0.1	0.5
Shooting sports	**0.2	*0.7	*0.4	**0.1	*0.7	**0.2	0.4
Soccer (indoor)	4.0	1.5	*0.7	**0.1	**0.0	**0.0	1.2
Soccer (outdoor)	12.4	3.4	3.1	1.2	**0.2	**0.0	3.7
Softball	2.5	*0.8	*0.4	*0.3	**0.2	**0.0	0.8
Squash/racquetball	2.9	3.5	2.3	2.5	*0.8	**0.0	2.2
Surf sports	3.4	3.9	2.7	2.1	*0.9	*0.6	2.4
Swimming	17.4	19.6	21.6	14.2	11.8	7.6	16.0
Table tennis	*0.8	*0.4	*0.6	*0.5	**0.4	*0.5	0.5
Tennis	11.9	10.5	10.9	8.6	8.0	3.4	9.2
Tenpin bowling	*0.7	1.1	1.2	1.1	*1.0	*0.8	1.0
Touch football	6.4	5.3	2.0	*0.7	**0.3	**0.0	2.7
Triathlons	**0.2	*0.7	**0.2	**0.2	**0.0	**0.0	0.2
Volleyball	5.3	2.2	1.3	*0.3	**0.0	**0.1	1.7
Walking (bush)	2.7	6.1	6.5	7.4	5.9	2.5	5.3
Walking (other)	14.1	26.7	29.8	36.3	36.6	33.1	28.8
Waterskiing/powerboating	1.5	1.9	2.2	*0.5	**0.2	**0.0	1.2
Weight-training	4.3	5.0	2.7	2.6	*1.1	*0.9	2.9
Yoga	1.9	2.1	1.4	1.7	*0.9	*0.6	1.5

TABLES

TABLE 6: Participants: Sport and Physical Activities — Type of Participation, by Age and Sex

Sex	Age group (years)	Organised only	Non-organised only	Both organised and non-organised	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		NUMBER					
		'000	'000	'000	'000	'000	'000
Males	15-24	338.8	351.9	536.9	875.6	888.8	1,227.6
	25-34	227.0	560.8	489.7	716.7	1,050.4	1,277.4
	35-44	186.2	595.5	419.7	605.9	1,015.2	1,201.4
	45-54	165.1	567.6	299.3	464.4	866.9	1,032.0
	55-64	72.1	400.8	156.3	228.4	557.0	629.2
	65 and over	149.8	329.0	117.5	267.3	446.5	596.3
	<i>Total</i>	<i>1,139.0</i>	<i>2,805.6</i>	<i>2,019.3</i>	<i>3,158.3</i>	<i>4,824.9</i>	<i>5,963.9</i>
Females	15-24	315.3	346.8	471.2	786.5	818.0	1,133.3
	25-34	173.7	578.3	437.7	611.4	1,016.0	1,189.7
	35-44	158.9	650.6	353.5	512.5	1,004.1	1,163.0
	45-54	124.1	588.8	238.2	362.2	827.0	951.0
	55-64	97.4	354.4	172.6	270.0	526.9	624.3
	65 and over	172.2	392.2	158.9	331.0	551.1	723.3
	<i>Total</i>	<i>1,041.6</i>	<i>2,911.1</i>	<i>1,832.0</i>	<i>2,873.6</i>	<i>4,743.0</i>	<i>5,784.6</i>
Persons	15-24	654.1	698.8	1,008.1	1,662.1	1,706.8	2,360.9
	25-34	400.7	1,139.1	927.3	1,328.0	2,066.4	2,467.1
	35-44	345.2	1,246.1	773.2	1,118.3	2,019.3	2,364.5
	45-54	289.2	1,156.4	537.5	826.7	1,693.9	1,983.0
	55-64	169.6	755.1	328.8	498.4	1,083.9	1,253.5
	65 and over	322.0	721.3	276.3	598.3	997.6	1,319.6
	Total	2,180.6	5,716.7	3,851.3	6,031.9	9,568.0	11,748.6
PARTICIPATION RATE							
		%	%	%	%	%	%
Males	15-24	25.0	26.0	39.7	64.7	65.7	90.7
	25-34	15.7	38.8	33.9	49.6	72.6	88.3
	35-44	12.8	40.8	28.8	41.5	69.6	82.3
	45-54	12.5	43.1	22.7	35.3	65.8	78.3
	55-64	8.0	44.5	17.3	25.3	61.8	69.8
	65 and over	15.0	32.9	11.7	26.7	44.7	59.6
	<i>Total</i>	<i>15.2</i>	<i>37.5</i>	<i>27.0</i>	<i>42.2</i>	<i>64.5</i>	<i>79.8</i>
Females	15-24	24.2	26.6	36.1	60.3	62.7	86.8
	25-34	12.0	39.9	30.2	42.2	70.2	82.2
	35-44	10.8	44.1	24.0	34.8	68.1	78.9
	45-54	9.5	44.9	18.2	27.6	63.0	72.5
	55-64	11.0	40.0	19.5	30.5	59.5	70.5
	65 and over	14.4	32.8	13.3	27.6	46.0	60.4
	<i>Total</i>	<i>13.7</i>	<i>38.2</i>	<i>24.0</i>	<i>37.7</i>	<i>62.2</i>	<i>75.9</i>
Persons	15-24	24.6	26.3	37.9	62.5	64.2	88.8
	25-34	13.8	39.4	32.0	45.9	71.4	85.3
	35-44	11.8	42.5	26.4	38.1	68.8	80.6
	45-54	11.0	44.0	20.4	31.4	64.4	75.4
	55-64	9.5	42.3	18.4	27.9	60.7	70.2
	65 and over	14.7	32.8	12.6	27.2	45.4	60.1
	Total	14.4	37.9	25.5	39.9	63.4	77.8

TABLE 7: Participants: Selected Sports and Physical Activities — Type of Participation

Activity	NUMBER ('000)			PARTICIPATION RATE (%)		
	Total organised (a)	Total non-organised (a)	Total (b)	Total organised	Total non-organised	Total (b)
Aerobics/fitness	966.5	1,079.6	1,961.0	6.4	7.2	13.0
Aquarobics	114.1	*25.4	142.1	0.8	*0.2	0.9
Athletics/track and field	79.0	33.3	105.1	0.5	0.2	0.7
Australian Rules football	272.5	91.3	353.3	1.8	0.6	2.3
Badminton	53.7	33.7	84.9	0.4	0.2	0.6
Baseball	41.3	*11.5	49.4	0.3	*0.1	0.3
Basketball	364.3	200.6	535.6	2.4	1.3	3.5
Boxing	29.5	*26.3	55.2	0.2	*0.2	0.4
Canoeing/kayaking	32.6	74.4	102.1	0.2	0.5	0.7
Carpet bowls	48.0	*11.9	59.0	0.3	*0.1	0.4
Cricket (indoor)	128.3	66.1	189.2	0.8	0.4	1.3
Cricket (outdoor)	279.3	148.2	410.8	1.8	1.0	2.7
Cycling	124.2	1,349.8	1,438.3	0.8	8.9	9.5
Dancing	212.4	100.6	297.4	1.4	0.7	2.0
Darts	*24.4	*11.5	32.1	*0.2	*0.1	0.2
Fishing	55.7	335.5	365.0	0.4	2.2	2.4
Golf	655.1	695.2	1,240.2	4.3	4.6	8.2
Gymnastics	*24.0	29.9	54.0	*0.2	0.2	0.4
Hockey (indoor)	32.0	**4.8	34.2	0.2	**0.0	0.2
Hockey (outdoor)	142.0	*22.2	157.4	0.9	*0.1	1.0
Horse riding/equestrian activities/polocrosse	75.5	169.3	220.9	0.5	1.1	1.5
Ice/snow sports	*22.7	174.4	196.2	*0.2	1.2	1.3
Lawn bowls	275.9	*13.8	290.0	1.8	*0.1	1.9
Martial arts	251.6	71.2	316.2	1.7	0.5	2.1
Motor sports	80.3	97.0	150.0	0.5	0.6	1.0
Netball	533.2	119.1	612.4	3.5	0.8	4.1
Rock climbing	45.8	84.6	120.5	0.3	0.6	0.8
Roller sports	*16.5	120.1	138.6	*0.1	0.8	0.9
Rowing	46.8	*22.2	66.1	0.3	*0.1	0.4
Rugby league	126.0	45.7	165.5	0.8	0.3	1.1
Rugby union	75.6	*23.5	96.4	0.5	*0.2	0.6
Running	142.2	989.3	1,084.3	0.9	6.6	7.2
Sailing	88.3	83.1	150.3	0.6	0.6	1.0
Scuba diving	*13.8	67.6	79.4	*0.1	0.4	0.5
Shooting sports	*23.7	38.0	58.1	*0.2	0.3	0.4
Soccer (indoor)	125.7	64.9	174.4	0.8	0.4	1.2
Soccer (outdoor)	377.5	193.6	551.3	2.5	1.3	3.7
Softball	97.4	*19.2	114.6	0.6	*0.1	0.8
Squash/racquetball	118.2	222.1	324.7	0.8	1.5	2.2
Surf sports	37.1	343.4	366.6	0.2	2.3	2.4
Swimming	332.5	2,146.1	2,415.5	2.2	14.2	16.0
Table tennis	30.8	49.5	78.1	0.2	0.3	0.5
Tennis	548.7	927.0	1,381.8	3.6	6.1	9.2
Tenpin bowling	83.4	69.9	152.1	0.6	0.5	1.0
Touch football	340.8	80.0	404.0	2.3	0.5	2.7
Triathlons	33.2	**3.1	36.3	0.2	**0.0	0.2
Volleyball	156.2	106.3	254.1	1.0	0.7	1.7
Walking (bush)	97.3	734.5	794.9	0.6	4.9	5.3
Walking (other)	115.5	4,280.3	4,355.9	0.8	28.3	28.8
Waterskiing/powerboating	*23.7	166.8	176.5	*0.2	1.1	1.2
Weight-training	145.2	311.0	445.2	1.0	2.1	2.9
Yoga	153.0	88.2	222.6	1.0	0.6	1.5

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

(a) Includes persons who reported participating in both organised and non-organised activity.

(b) Components may not add to totals as persons may report both organised and non-organised activity.

TABLES

TABLE 8: Participants: Organised Sport and Physical Activities, States and Territories, by Age and Sex (a)

Sex	Age group (years)	ACT	NSW	NT	Qld	SA	Tas.	Vic.	WA	Australia
		NUMBER								
		'000	'000	'000	'000	'000	'000	'000	'000	'000
Males	15-24	18.5	280.8	9.6	173.2	69.9	22.6	212.4	88.6	875.6
	25-34	12.5	247.6	10.7	141.1	56.3	15.7	162.1	70.7	716.7
	35-44	10.1	208.9	8.7	91.0	46.0	13.5	167.2	60.6	605.9
	45-54	8.5	160.0	3.7	82.5	36.6	12.7	107.9	52.5	464.4
	55-64	4.0	68.5	*1.7	42.3	21.3	6.7	63.4	20.6	228.4
	65 and over	2.9	92.6	*0.9	34.6	23.0	7.8	81.1	24.3	267.3
	Total		56.4	1,058.4	35.3	564.7	253.1	79.0	794.2	317.3
Females	15-24	13.9	277.4	8.7	151.9	60.3	21.3	171.4	81.6	786.5
	25-34	11.7	179.6	8.0	128.5	41.3	13.9	166.8	61.6	611.4
	35-44	8.9	156.3	5.9	98.8	46.0	15.5	122.6	58.5	512.5
	45-54	6.7	94.5	2.8	67.2	30.4	11.6	105.3	43.8	362.2
	55-64	3.8	90.5	*1.5	42.6	18.6	6.3	73.6	33.0	270.0
	65 and over	3.1	115.7	*1.0	47.8	26.5	7.9	100.9	28.2	331.0
	Total		48.1	913.9	27.9	536.8	223.2	76.4	740.6	306.6
Persons	15-24	32.4	558.2	18.2	325.1	130.2	44.0	383.8	170.2	1,662.1
	25-34	24.2	427.1	18.7	269.6	97.6	29.6	328.9	132.2	1,328.0
	35-44	19.0	365.2	14.5	189.8	92.0	28.9	289.8	119.1	1,118.3
	45-54	15.2	254.5	6.5	149.7	67.0	24.3	213.2	96.3	826.7
	55-64	7.7	159.0	3.3	84.9	39.9	12.9	137.0	53.6	498.4
	65 and over	6.0	208.3	2.0	82.4	49.5	15.7	182.0	52.5	598.3
	Total		104.5	1,972.3	63.2	1,101.5	476.3	155.4	1,534.8	623.9
PARTICIPATION RATE										
		%	%	%	%	%	%	%	%	%
Males	15-24	75.9	62.8	64.6	67.6	69.6	72.0	62.4	63.9	64.7
	25-34	50.0	50.9	57.0	53.2	53.5	53.3	43.6	48.9	49.6
	35-44	42.9	42.1	52.5	33.8	41.2	39.7	46.3	41.2	41.5
	45-54	37.7	36.3	28.8	33.1	35.2	38.8	33.6	39.1	35.3
	55-64	30.0	22.4	*24.9	24.6	29.4	28.4	28.6	23.8	25.3
	65 and over	25.6	26.6	*27.4	19.5	25.7	29.2	31.7	27.7	26.7
	Total	47.1	41.9	48.1	40.6	43.4	44.4	42.4	42.9	42.2
Females	15-24	60.9	64.4	61.3	61.2	62.4	69.3	52.4	60.5	60.3
	25-34	46.4	36.6	44.1	47.9	40.4	44.8	45.0	43.4	42.2
	35-44	36.0	31.7	38.4	35.8	40.5	43.4	33.3	39.8	34.8
	45-54	29.1	21.7	24.8	27.3	28.7	35.0	32.2	33.4	27.6
	55-64	29.0	30.1	*29.5	25.9	25.2	26.9	33.1	40.3	30.5
	65 and over	23.3	27.5	*32.5	23.5	24.2	24.4	32.4	27.3	27.6
	Total	39.3	35.5	41.5	38.2	37.1	41.1	38.4	41.5	37.7
Persons	15-24	68.6	63.6	63.0	64.4	66.1	70.7	57.5	62.2	62.5
	25-34	48.2	43.7	50.6	50.6	47.0	49.0	44.3	46.2	45.9
	35-44	39.4	36.9	45.8	34.8	40.9	41.6	39.7	40.5	38.1
	45-54	33.3	29.1	26.9	30.2	31.9	36.9	32.9	36.3	31.4
	55-64	29.5	26.2	26.9	25.3	27.3	27.7	30.9	31.8	27.9
	65 and over	24.4	27.1	29.9	21.7	24.9	26.6	32.1	27.5	27.2
	Total	43.2	38.7	44.9	39.4	40.2	42.7	40.4	42.2	39.9

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

(a) Relates to persons aged 15 years and over who participated in any organised sport or physical activity over a 12-month period prior to interview in 2001. These persons may also have participated in activities that were not organised.

TABLE 9: Participants: Organised Sport and Physical Activities — Type of Organisation, by Age and Sex (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation (b)
		NUMBER					
		'000	'000	'000	'000	'000	'000
Males	15–24	406.0	459.8	*7.7	131.0	*22.6	875.6
	25–34	331.5	408.9	**5.4	**2.7	50.6	716.7
	35–44	259.5	357.8	*9.7	*9.2	50.4	605.9
	45–54	193.4	275.2	*9.0	**3.9	35.7	464.4
	55–64	78.3	144.4	**0.0	**0.9	*18.2	228.4
	65 and over	93.1	170.7	**0.0	**0.0	*27.2	267.3
	<i>Total</i>	<i>1,361.8</i>	<i>1,816.8</i>	<i>31.7</i>	<i>147.7</i>	<i>204.6</i>	<i>3,158.3</i>
Females	15–24	396.4	353.8	*22.5	158.8	52.3	786.5
	25–34	388.4	252.1	*12.3	*9.3	36.2	611.4
	35–44	312.2	216.3	**6.9	*10.4	40.2	512.5
	45–54	194.5	169.4	**5.5	**4.7	34.5	362.2
	55–64	140.6	129.3	**2.4	**0.0	*21.9	270.0
	65 and over	136.4	160.3	**0.0	**1.2	71.2	331.0
	<i>Total</i>	<i>1,568.5</i>	<i>1,281.1</i>	<i>49.5</i>	<i>184.4</i>	<i>256.3</i>	<i>2,873.6</i>
Persons	15–24	802.4	813.6	30.1	289.8	75.0	1,662.1
	25–34	719.8	661.0	*17.7	*12.0	86.8	1,328.0
	35–44	571.8	574.0	*16.6	*19.6	90.5	1,118.3
	45–54	387.9	444.6	*14.5	*8.6	70.1	826.7
	55–64	218.9	273.7	**2.4	**0.9	40.1	498.4
	65 and over	229.5	331.0	**0.0	**1.2	98.4	598.3
	Total	2,930.3	3,098.0	81.3	332.1	460.9	6,031.9
PARTICIPATION RATE							
		%	%	%	%	%	%
Males	15–24	30.0	34.0	*0.6	9.7	*1.7	64.7
	25–34	22.9	28.3	**0.4	**0.2	3.5	49.6
	35–44	17.8	24.5	*0.7	*0.6	3.5	41.5
	45–54	14.7	20.9	*0.7	**0.3	2.7	35.3
	55–64	8.7	16.0	**0.0	**0.1	*2.0	25.3
	65 and over	9.3	17.1	**0.0	**0.0	*2.7	26.7
	<i>Total</i>	<i>18.2</i>	<i>24.3</i>	<i>0.4</i>	<i>2.0</i>	<i>2.7</i>	<i>42.2</i>
Females	15–24	30.4	27.1	*1.7	12.2	4.0	60.3
	25–34	26.8	17.4	*0.8	*0.6	2.5	42.2
	35–44	21.2	14.7	**0.5	*0.7	2.7	34.8
	45–54	14.8	12.9	**0.4	**0.4	2.6	27.6
	55–64	15.9	14.6	**0.3	**0.0	*2.5	30.5
	65 and over	11.4	13.4	**0.0	**0.1	5.9	27.6
	<i>Total</i>	<i>20.6</i>	<i>16.8</i>	<i>0.6</i>	<i>2.4</i>	<i>3.4</i>	<i>37.7</i>
Persons	15–24	30.2	30.6	1.1	10.9	2.8	62.5
	25–34	24.9	22.8	*0.6	*0.4	3.0	45.9
	35–44	19.5	19.6	*0.6	*0.7	3.1	38.1
	45–54	14.8	16.9	*0.6	*0.3	2.7	31.4
	55–64	12.3	15.3	**0.1	**0.1	2.2	27.9
	65 and over	10.4	15.1	**0.0	**0.1	4.5	27.2
	Total	19.4	20.5	0.5	2.2	3.1	39.9

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

(a) Relates to persons aged 15 years and over who participated in any organised sport or physical activity over a 12-month period prior to interview in 2001. These persons may also have participated in activities that were not organised.

(b) Components may not add to the totals as a person could have taken part in one or more sports and physical activities organised by more than one type of organisation.

TABLES

TABLE 10: Participants: Selected Sports and Physical Activities — Australian Capital Territory

	MALES		FEMALES		PERSONS	
	Number '000	rate %	Number '000	rate %	Number '000	rate %
Aerobics/fitness	13.6	11.4	25.0	20.5	38.7	16.0
Athletics/track and field	*1.3	*1.1	*0.7	*0.6	2.0	0.8
Australian Rules football	2.2	1.9	**0.2	**0.1	2.4	1.0
Badminton	*1.8	*1.5	**0.5	**0.4	2.3	1.0
Basketball	4.4	3.7	2.7	2.2	7.1	2.9
Canoeing/kayaking	*1.8	*1.5	*0.8	*0.7	2.6	1.1
Cricket (indoor)	4.6	3.9	*0.7	*0.5	5.3	2.2
Cricket (outdoor)	4.4	3.6	**0.2	**0.2	4.6	1.9
Cycling	22.9	19.1	12.9	10.5	35.7	14.8
Dancing	**0.5	**0.4	3.9	3.2	4.3	1.8
Fishing	4.1	3.4	**0.5	**0.4	4.6	1.9
Golf	14.2	11.9	*1.8	*1.5	16.1	6.6
Hockey (outdoor)	3.1	2.6	1.9	1.6	5.0	2.1
Horse riding/equestrian activities/polocrosse	**0.6	**0.5	*1.8	*1.5	2.4	1.0
Ice/snow sports	4.2	3.5	3.7	3.0	7.9	3.3
Lawn bowls	*1.5	*1.2	*0.9	*0.7	2.3	1.0
Martial arts	2.3	1.9	2.6	2.1	4.9	2.0
Netball	*1.6	*1.3	11.6	9.5	13.2	5.5
Rock climbing	2.0	1.6	*1.0	*0.8	3.0	1.2
Roller sports	2.5	2.1	*1.6	*1.3	4.1	1.7
Rowing	*1.4	*1.2	*1.1	*0.9	2.5	1.0
Rugby league	2.7	2.2	**0.4	**0.3	3.1	1.3
Rugby union	3.5	2.9	**0.0	**0.0	3.5	1.4
Running	13.8	11.5	6.9	5.7	20.8	8.6
Sailing	*1.6	*1.4	*0.9	*0.7	2.5	1.0
Soccer (indoor)	4.8	4.0	*1.1	*0.9	5.8	2.4
Soccer (outdoor)	8.3	6.9	*1.8	*1.5	10.1	4.2
Softball	*0.8	*0.7	2.1	1.7	2.9	1.2
Squash/racquetball	5.3	4.5	2.2	1.8	7.5	3.1
Surf sports	2.3	2.0	**0.4	**0.3	2.7	1.1
Swimming	20.3	17.0	23.1	18.9	43.4	17.9
Tennis	12.1	10.1	8.3	6.8	20.4	8.4
Tenpin bowling	*0.8	*0.7	*1.5	*1.2	2.3	0.9
Touch football	6.2	5.2	*1.8	*1.5	8.1	3.3
Triathlons	*1.5	*1.3	*0.8	*0.6	2.3	0.9
Volleyball	2.6	2.2	2.7	2.2	5.3	2.2
Walking (bush)	11.1	9.2	12.8	10.5	23.9	9.9
Walking (other)	24.9	20.7	51.3	41.9	76.1	31.4
Weight-training	6.0	5.0	4.4	3.6	10.5	4.3
Yoga	**0.3	**0.2	3.9	3.2	4.2	1.7

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for the Australian Capital Territory may be found in Tables 2 and 8.

TABLE 11: Participants: Selected Sports and Physical Activities — New South Wales

	MALES Participation		FEMALES Participation		PERSONS Participation	
	Number '000	rate %	Number '000	rate %	Number '000	rate %
Aerobics/fitness	219.3	8.7	417.5	16.2	636.8	12.5
Aquarobics	**1.6	**0.1	49.6	1.9	51.2	1.0
Athletics/track and field	*16.7	*0.7	*18.1	*0.7	34.8	0.7
Basketball	77.5	3.1	61.4	2.4	138.9	2.7
Canoeing/kayaking	*18.0	*0.7	*17.6	*0.7	35.6	0.7
Cricket (indoor)	53.0	2.1	**5.5	**0.2	58.5	1.1
Cricket (outdoor)	117.6	4.7	*30.2	*1.2	147.8	2.9
Cycling	290.0	11.5	110.8	4.3	400.8	7.9
Dancing	*16.5	*0.7	92.1	3.6	108.6	2.1
Fishing	97.0	3.8	*21.1	*0.8	118.0	2.3
Golf	355.7	14.1	71.8	2.8	427.5	8.4
Hockey (outdoor)	*22.3	*0.9	*25.0	*1.0	47.3	0.9
Horse riding/equestrian activities/polocrosse	*23.0	*0.9	37.7	1.5	60.7	1.2
Ice/snow sports	65.3	2.6	*24.4	*1.0	89.7	1.8
Lawn bowls	40.8	1.6	52.3	2.0	93.1	1.8
Martial arts	52.9	2.1	60.9	2.4	113.8	2.2
Motor sports	52.7	2.1	**2.5	**0.1	55.2	1.1
Netball	*24.1	*1.0	144.5	5.6	168.6	3.3
Rock climbing	44.6	1.8	*20.3	*0.8	64.9	1.3
Roller sports	31.0	1.2	*14.5	*0.6	45.5	0.9
Rugby league	91.0	3.6	**6.5	**0.3	97.4	1.9
Rugby union	41.1	1.6	**4.3	**0.2	45.4	0.9
Running	222.9	8.8	134.0	5.2	356.9	7.0
Sailing	42.4	1.7	*21.0	*0.8	63.4	1.2
Scuba diving	*24.2	*1.0	**7.0	**0.3	31.2	0.6
Soccer (indoor)	*30.4	*1.2	*10.5	*0.4	40.9	0.8
Soccer (outdoor)	169.6	6.7	68.2	2.7	237.8	4.7
Softball	*14.0	*0.6	42.0	1.6	56.0	1.1
Squash/racquetball	85.2	3.4	*29.4	*1.1	114.6	2.2
Surf sports	166.2	6.6	**6.5	**0.3	172.7	3.4
Swimming	460.2	18.2	507.2	19.7	967.4	19.0
Tennis	292.1	11.6	267.5	10.4	559.6	11.0
Tenpin bowling	*22.7	*0.9	*28.7	*1.1	51.4	1.0
Touch football	124.9	4.9	49.1	1.9	174.0	3.4
Volleyball	48.5	1.9	*27.3	*1.1	75.9	1.5
Walking (bush)	147.3	5.8	186.5	7.3	333.8	6.6
Walking (other)	435.7	17.3	929.4	36.1	1,365.1	26.8
Waterskiing/powerboating	43.5	1.7	*13.3	*0.5	56.8	1.1
Weight-training	86.0	3.4	47.1	1.8	133.1	2.6
Yoga	*15.4	*0.6	79.6	3.1	95.0	1.9

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for New South Wales may be found in Tables 2 and 8.

TABLES

TABLE 12: Participants: Selected Sports and Physical Activities — Northern Territory

	MALES		FEMALES		PERSONS	
	Number '000	rate %	Number '000	rate %	Number '000	rate %
Aerobics/fitness	5.7	7.8	13.4	20.0	19.2	13.6
Australian Rules football	5.7	7.7	**0.5	**0.7	6.2	4.4
Basketball	3.4	4.7	2.2	3.2	5.6	4.0
Cricket (indoor)	2.0	2.7	*1.1	*1.7	3.1	2.2
Cricket (outdoor)	4.9	6.6	**0.4	**0.5	5.2	3.7
Cycling	13.9	18.9	7.7	11.4	21.5	15.3
Fishing	6.5	8.8	**0.4	**0.6	6.9	4.9
Golf	8.5	11.6	1.8	2.7	10.4	7.4
Hockey (outdoor)	*1.0	*1.4	*1.1	*1.6	2.1	1.5
Horse riding/equestrian activities/polocrosse	**0.2	**0.2	1.9	2.8	2.1	1.5
Lawn bowls	*1.4	*1.9	*0.6	*0.9	2.0	1.4
Martial arts	*1.6	*2.1	2.5	3.8	4.1	2.9
Motor sports	2.3	3.2	**0.4	**0.7	2.8	2.0
Netball	*1.6	*2.1	5.7	8.5	7.3	5.2
Rugby league	3.3	4.5	**0.1	**0.2	3.5	2.5
Rugby union	2.7	3.6	**0.0	**0.0	2.7	1.9
Running	8.1	11.0	4.8	7.1	12.9	9.2
Soccer (outdoor)	3.5	4.7	*1.6	*2.4	5.1	3.6
Squash/racquetball	2.8	3.8	*1.2	*1.9	4.0	2.9
Swimming	10.5	14.3	11.6	17.2	22.1	15.7
Tennis	4.5	6.1	4.3	6.4	8.8	6.3
Touch football	3.2	4.3	2.6	3.8	5.7	4.1
Volleyball	2.6	3.6	3.7	5.5	6.4	4.5
Walking (bush)	3.4	4.7	4.7	6.9	8.1	5.8
Walking (other)	10.9	14.8	23.0	34.2	33.9	24.1
Weight-training	2.9	3.9	1.8	2.7	4.7	3.3
Yoga	**0.3	**0.4	2.0	2.9	2.3	1.6

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for the Northern Territory may be found in Tables 2 and 8.

TABLE 13: Participants: Selected Sports and Physical Activities — Queensland

	MALES		FEMALES		PERSONS	
	Participation		Participation		Participation	
	Number	rate	Number	rate	Number	rate
	'000	%	'000	%	'000	%
Aerobics/fitness	101.4	7.3	207.6	14.8	309.0	11.1
Aquarobics	**1.6	**0.1	35.7	2.5	37.3	1.3
Athletics/track and field	*17.4	*1.3	*15.5	*1.1	32.9	1.2
Australian Rules football	23.3	1.7	**0.0	**0.0	23.3	0.8
Basketball	*21.0	*1.5	33.1	2.4	54.2	1.9
Canoeing/kayaking	*16.9	*1.2	**6.1	**0.4	23.0	0.8
Cricket (indoor)	31.5	2.3	*7.5	*0.5	39.1	1.4
Cricket (outdoor)	51.3	3.7	*14.9	*1.1	66.2	2.4
Cycling	163.4	11.8	71.7	5.1	235.1	8.4
Dancing	*9.5	*0.7	41.7	3.0	51.2	1.8
Fishing	89.6	6.5	*18.9	*1.3	108.5	3.9
Golf	157.5	11.3	45.5	3.2	203.1	7.3
Hockey (outdoor)	*16.0	*1.2	*13.9	*1.0	29.9	1.1
Horse riding/equestrian activities/polocrosse	*14.3	*1.0	30.5	2.2	44.8	1.6
Lawn bowls	30.9	2.2	*15.4	*1.1	46.2	1.7
Martial arts	*21.3	*1.5	45.3	3.2	66.5	2.4
Motor sports	29.8	2.1	**3.6	**0.3	33.4	1.2
Netball	*10.8	*0.8	107.9	7.7	118.6	4.2
Roller sports	*11.0	*0.8	*11.5	*0.8	22.5	0.8
Rugby league	46.1	3.3	**0.0	**0.0	46.1	1.6
Rugby union	26.9	1.9	**5.7	**0.4	32.6	1.2
Running	144.5	10.4	59.0	4.2	203.5	7.3
Sailing	23.1	1.7	*11.4	*0.8	34.4	1.2
Soccer (indoor)	22.0	1.6	**5.5	**0.4	27.6	1.0
Soccer (outdoor)	61.0	4.4	*15.4	*1.1	76.4	2.7
Squash/racquetball	38.1	2.7	23.8	1.7	61.9	2.2
Surf sports	70.8	5.1	*8.0	*0.6	78.8	2.8
Swimming	179.7	12.9	256.2	18.2	435.9	15.6
Tennis	110.7	8.0	113.4	8.1	224.1	8.0
Tenpin bowling	*17.1	*1.2	23.0	1.6	40.1	1.4
Touch football	110.0	7.9	62.6	4.5	172.7	6.2
Volleyball	32.7	2.4	26.4	1.9	59.1	2.1
Walking (bush)	67.2	4.8	56.3	4.0	123.5	4.4
Walking (other)	332.1	23.9	578.4	41.2	910.6	32.6
Waterskiing/powerboating	25.9	1.9	*17.5	*1.2	43.3	1.6
Weight-training	94.0	6.8	58.8	4.2	152.8	5.5
Yoga	**1.5	**0.1	25.2	1.8	26.7	1.0

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for Queensland may be found in Tables 2 and 8.

TABLES

TABLE 14: Participants: Selected Sports and Physical Activities — South Australia

	MALES		FEMALES		PERSONS	
	Number '000	rate %	Number '000	rate %	Number '000	rate %
Aerobics/fitness	49.3	8.4	96.9	16.1	146.2	12.3
Aquarobics	**0.7	**0.1	11.5	1.9	12.1	1.0
Australian Rules football	40.6	7.0	*3.0	*0.5	43.6	3.7
Basketball	22.5	3.8	20.9	3.5	43.4	3.7
Cricket (outdoor)	29.7	5.1	**2.3	**0.4	32.0	2.7
Cycling	72.9	12.5	28.2	4.7	101.1	8.5
Dancing	*4.6	*0.8	18.7	3.1	23.3	2.0
Fishing	22.2	3.8	**1.9	**0.3	24.1	2.0
Golf	73.8	12.7	13.8	2.3	87.6	7.4
Hockey (outdoor)	*5.3	*0.9	*6.1	*1.0	11.4	1.0
Horse riding/equestrian activities/polocrosse	**2.9	**0.5	10.4	1.7	13.4	1.1
Lawn bowls	23.7	4.1	9.7	1.6	33.4	2.8
Martial arts	*8.5	*1.5	12.9	2.2	21.4	1.8
Netball	9.5	1.6	60.2	10.0	69.7	5.9
Running	40.9	7.0	21.2	3.5	62.1	5.2
Soccer (indoor)	12.5	2.1	**0.8	**0.1	13.3	1.1
Soccer (outdoor)	40.0	6.8	*4.8	*0.8	44.8	3.8
Squash/racquetball	10.0	1.7	**2.7	**0.4	12.7	1.1
Surf sports	11.5	2.0	*3.5	*0.6	15.0	1.3
Swimming	54.2	9.3	77.5	12.9	131.7	11.1
Table tennis	*9.1	*1.6	**2.2	**0.4	11.3	1.0
Tennis	49.0	8.4	41.8	7.0	90.8	7.7
Tenpin bowling	*4.1	*0.7	*5.9	*1.0	10.0	0.8
Volleyball	10.5	1.8	11.4	1.9	21.9	1.9
Walking (bush)	22.4	3.8	28.1	4.7	50.5	4.3
Walking (other)	111.1	19.0	223.1	37.1	334.2	28.2
Waterskiing/powerboating	11.7	2.0	*5.4	*0.9	17.1	1.4
Weight-training	17.3	3.0	*8.6	*1.4	25.8	2.2
Yoga	**2.1	**0.4	15.1	2.5	17.2	1.4

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for South Australia may be found in Tables 2 and 8.

TABLE 15: Participants: Selected Sports and Physical Activities — Tasmania

	MALES		FEMALES		PERSONS	
	Participation		Participation		Participation	
	Number	rate	Number	rate	Number	rate
	'000	%	'000	%	'000	%
Aerobics/fitness	15.0	8.5	26.3	14.1	41.3	11.4
Australian Rules football	11.8	6.6	**0.7	**0.4	12.5	3.4
Badminton	*2.1	*1.2	4.2	2.2	6.3	1.7
Basketball	6.6	3.7	8.4	4.5	15.0	4.1
Canoeing/kayaking	*2.2	*1.3	*1.3	*0.7	3.5	1.0
Cricket (indoor)	4.5	2.6	**0.9	**0.5	5.4	1.5
Cricket (outdoor)	10.3	5.8	*1.3	*0.7	11.6	3.2
Cycling	16.9	9.5	7.8	4.2	24.7	6.8
Dancing	**0.7	**0.4	4.1	2.2	4.8	1.3
Fishing	11.2	6.3	*2.2	*1.2	13.4	3.7
Golf	19.7	11.1	5.9	3.1	25.6	7.0
Hockey (outdoor)	4.5	2.5	4.0	2.1	8.5	2.3
Horse riding/equestrian activities/polocrosse	*1.8	*1.0	4.2	2.3	6.0	1.7
Ice/snow sports	*1.9	*1.1	*1.2	*0.6	3.1	0.9
Lawn bowls	4.7	2.7	*2.8	*1.5	7.6	2.1
Martial arts	4.5	2.5	4.5	2.4	8.9	2.5
Motor sports	4.2	2.4	**0.2	**0.1	4.4	1.2
Netball	**0.9	**0.5	11.9	6.4	12.8	3.5
Running	9.8	5.5	4.5	2.4	14.4	3.9
Sailing	4.6	2.6	*1.4	*0.7	6.0	1.7
Scuba diving	*2.9	*1.7	**0.6	**0.3	3.5	1.0
Shooting sports	4.8	2.7	**0.4	**0.2	5.2	1.4
Soccer (indoor)	*2.5	*1.4	**0.7	**0.4	3.3	0.9
Soccer (outdoor)	7.0	3.9	*1.8	*1.0	8.8	2.4
Squash/racquetball	4.7	2.6	*1.6	*0.8	6.3	1.7
Surf sports	4.9	2.8	**0.8	**0.4	5.7	1.6
Swimming	12.7	7.2	31.4	16.8	44.1	12.1
Tennis	9.0	5.0	12.5	6.7	21.5	5.9
Touch football	4.1	2.3	*1.5	*0.8	5.6	1.5
Walking (bush)	13.8	7.8	11.6	6.2	25.3	7.0
Walking (other)	32.5	18.3	77.7	41.7	110.1	30.3
Weight-training	*2.9	*1.6	*1.6	*0.9	4.5	1.2

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for Tasmania may be found in Tables 2 and 8.

TABLES

TABLE 16: Participants: Selected Sports and Physical Activities — Victoria

	MALES		FEMALES		PERSONS	
	Number '000	rate %	Number '000	rate %	Number '000	rate %
Aerobics/fitness	200.4	10.7	362.6	18.8	563.0	14.8
Australian Rules football	188.1	10.1	**6.7	**0.3	194.8	5.1
Basketball	143.6	7.7	60.0	3.1	203.6	5.4
Cricket (indoor)	43.8	2.3	**6.6	**0.3	50.3	1.3
Cricket (outdoor)	94.0	5.0	**6.2	**0.3	100.2	2.6
Cycling	299.1	16.0	162.2	8.4	461.2	12.1
Dancing	*14.1	*0.8	59.0	3.1	73.2	1.9
Fishing	49.4	2.6	**4.8	**0.3	54.3	1.4
Golf	275.6	14.7	79.2	4.1	354.7	9.3
Horse riding/equestrian activities/polo cross	*16.7	*0.9	45.2	2.3	61.8	1.6
Ice/snow sports	39.6	2.1	*24.5	*1.3	64.1	1.7
Lawn bowls	40.7	2.2	35.2	1.8	75.9	2.0
Martial arts	37.9	2.0	26.4	1.4	64.3	1.7
Motor sports	29.8	1.6	**3.6	**0.2	33.4	0.9
Netball	*22.8	*1.2	145.6	7.6	168.4	4.4
Roller sports	*17.2	*0.9	*14.3	*0.7	31.6	0.8
Running	212.7	11.4	82.8	4.3	295.5	7.8
Sailing	*25.3	*1.4	**1.7	**0.1	27.0	0.7
Soccer (indoor)	54.8	2.9	**7.1	**0.4	61.9	1.6
Soccer (outdoor)	104.4	5.6	*12.1	*0.6	116.5	3.1
Squash/racquetball	61.0	3.3	26.6	1.4	87.6	2.3
Surf sports	32.2	1.7	**3.6	**0.2	35.9	0.9
Swimming	178.9	9.6	340.3	17.7	519.2	13.7
Table tennis	*21.1	*1.1	**5.5	**0.3	26.6	0.7
Tennis	174.7	9.3	175.5	9.1	350.2	9.2
Tenpin bowling	*19.6	*1.0	*21.4	*1.1	41.0	1.1
Volleyball	25.6	1.4	26.3	1.4	51.9	1.4
Walking (bush)	72.5	3.9	81.8	4.2	154.3	4.1
Walking (other)	355.2	19.0	690.4	35.8	1,045.5	27.5
Waterskiing/Powerboating	33.9	1.8	*10.1	*0.5	44.1	1.2
Weight-training	45.3	2.4	32.1	1.7	77.4	2.0
Yoga	*11.3	*0.6	41.1	2.1	52.4	1.4

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for Victoria may be found in Tables 2 and 8.

TABLE 17: Participants: Selected Sports and Physical Activities — Western Australia

	MALES		FEMALES		PERSONS	
	Participation		Participation		Participation	
	Number	rate	Number	rate	Number	rate
	'000	%	'000	%	'000	%
Aerobics/fitness	69.3	9.4	137.5	18.6	206.9	14.0
Aquarobics	**0.0	**0.0	13.9	1.9	13.9	0.9
Australian Rules football	50.1	6.8	**3.2	**0.4	53.3	3.6
Badminton	*3.3	*0.5	11.8	1.6	15.1	1.0
Basketball	48.6	6.6	19.3	2.6	67.9	4.6
Canoeing/kayaking	*8.6	*1.2	*4.6	*0.6	13.2	0.9
Cricket (indoor)	17.4	2.4	**1.1	**0.2	18.5	1.3
Cricket (outdoor)	38.7	5.2	*4.3	*0.6	43.0	2.9
Cycling	95.8	13.0	62.3	8.4	158.1	10.7
Dancing	*8.7	*1.2	21.6	2.9	30.3	2.1
Fishing	29.5	4.0	*5.7	*0.8	35.2	2.4
Golf	94.1	12.7	21.3	2.9	115.4	7.8
Hockey (indoor)	*3.9	*0.5	*7.9	*1.1	11.8	0.8
Hockey (outdoor)	13.1	1.8	14.8	2.0	27.9	1.9
Horse riding/equestrian activities/polo cross	*8.4	*1.1	21.4	2.9	29.7	2.0
Lawn bowls	17.7	2.4	11.8	1.6	29.5	2.0
Martial arts	17.7	2.4	14.5	2.0	32.2	2.2
Netball	*7.8	*1.0	46.1	6.2	53.9	3.6
Roller sports	17.8	2.4	*6.8	*0.9	24.6	1.7
Running	76.5	10.4	41.8	5.7	118.4	8.0
Scuba diving	13.7	1.8	**0.8	**0.1	14.4	1.0
Soccer (indoor)	15.7	2.1	*5.1	*0.7	20.9	1.4
Soccer (outdoor)	38.4	5.2	13.5	1.8	51.9	3.5
Softball	*3.8	*0.5	12.8	1.7	16.6	1.1
Squash/racquetball	22.9	3.1	*7.3	*1.0	30.2	2.0
Surf sports	48.0	6.5	*7.5	*1.0	55.5	3.8
Swimming	100.5	13.6	151.2	20.4	251.7	17.0
Tennis	56.1	7.6	50.3	6.8	106.4	7.2
Touch football	13.3	1.8	*6.1	*0.8	19.5	1.3
Volleyball	19.1	2.6	13.1	1.8	32.2	2.2
Walking (bush)	38.9	5.3	36.6	4.9	75.5	5.1
Walking (other)	159.5	21.6	320.8	43.4	480.3	32.5
Weight-training	22.1	3.0	14.3	1.9	36.4	2.5
Yoga	**1.1	**0.2	21.4	2.9	22.5	1.5

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

Note: Additional data for Western Australia may be found in Tables 2 and 8.

EXPLANATORY NOTES

Introduction

The Exercise, Recreation and Sport Survey (ERASS) collects information on participation in physical activity for exercise, recreation and sport by Australians. Participation is restricted to active 'playing' participation and does not include non-playing participation such as coaching, refereeing and spectating or activities that are related to work or household chores. Practice and training activities are included.

The survey is conducted quarterly throughout Australia, with the fieldwork undertaken by ACNielsen Research. Results from four quarterly surveys conducted in February, May, August and November 2001 were aggregated to produce this publication.

The survey is funded by the Australian Sports Commission and State/Territory Departments of Sport and Recreation.

Scope

The survey collects information on persons who participated in exercise, recreation and sport in the 12 months prior to interview. The scope of the survey was all persons aged 15 years and over.

Methodology

All interviews were conducted by telephone using ACNielsen's Computer Assisted Telephone Interviewing (CATI) system. The sample was selected from the Electronic White Pages, and one person was randomly selected per dwelling to complete the interview.

The sample design was a random survey stratified by State and Territory.

The sample size is 3,410 per quarter, with an annual sample of 13,640.

Questionnaire

The questionnaire covers two main areas:

- Physical activity over the last 12 months — identifying up to 11 different types of activities participated in over the last 12 months, and for each type of activity determining whether it was organised by a club or association, the type of club or association and the number of times that activity was engaged in over the last 12 months; and
- Demographics — covers sex, age, marital status, number and age of children, educational qualifications, employment status and postcode.

A copy of the questionnaire is on page 27.

Comparability of the data

The survey has been conducted in 2001 for the first time. It will also be conducted in 2002 and 2003, which will allow a comparison of participation in physical activity over at least three years.

The ERASS is not comparable with the data collected through other surveys of participation in physical activity. In particular, the data cannot be directly compared with participation surveys conducted by the ABS (e.g. Population Survey Monitor) and by Sweeney Sports (Sweeney Research). This is due to differences in the scope, methodology and questionnaire design of the various surveys.

Standard errors and relative standard errors

Since the estimates presented in the tables are based on information obtained by persons from a sample of households, selected randomly by telephone number, they are subject to sampling variability; that is, they may differ from those that would have been produced if all households had been included in the survey.

One measure of the likely difference is given by the standard error (SE), which indicates the extent to which an estimate might have varied by chance because only a sample of households was included. There are about two chances in three (67%) that a sample estimate will vary by less than one SE from the number that would have been obtained if all households had been included, and about 19 chances in 20 (95%) that the difference will be less than two SEs.

Another measure of the likely difference is the relative standard error (RSE) which is obtained by expressing the SE as a percentage of the estimate. The RSE is a useful measure in that it provides an indication of the relative accuracy of the estimate.

For the tables provided in this publication, only estimates with RSEs of less than 25% are considered sufficiently reliable for most purposes. However, estimates with RSEs between 25% and 50% have been included and are preceded by an asterisk (e.g. *13.5) to indicate that they should be treated with caution and viewed as being merely indicative of the magnitude involved. Estimates with RSEs greater than 50% are preceded by a double asterisk (e.g. **3.6) and are subject to sampling error too high for most practical purposes.

The table below also gives the RSE cut-offs to be used when applying, if required, a single or double asterisk to the estimate. For example, for New South Wales, an estimate between 9,186 and 30,990 should be preceded by a single asterisk and used with caution, and an estimate less than 9,186 should be preceded by a double asterisk and will be considered too unreliable for general use.

EXPLANATORY NOTES

TABLE OF STANDARD ERRORS

Size of estimate	NSW no.	Vic. no.	Qld no.	SA no.	WA no.	Tas. no.	NT no.	ACT no.	Australia no.
1,000	1,600	1,700	1,700	1,000	1,000	500	400	400	1,300
2,000	2,300	2,300	2,200	1,300	1,300	600	500	500	1,900
5,000	3,500	3,300	3,100	1,800	2,000	900	700	700	3,000
10,000	4,800	4,400	4,000	2,400	2,600	1,200	900	900	4,300
20,000	6,400	5,800	5,300	3,100	3,500	1,600	1,100	1,200	5,900
50,000	9,400	8,300	7,600	4,400	5,100	2,300	1,600	1,700	9,000
100,000	12,500	11,000	9,900	5,800	6,700	3,000	2,100	2,200	12,100
200,000	16,300	14,400	13,000	7,600	9,000	4,000	2,700	2,900	16,100
500,000	22,900	20,800	18,500	10,800	13,100	5,800	3,900	4,200	22,900
800,000	27,100	25,100	22,200	13,000	15,900	6,900	4,700	5,000	27,200
1,000,000	29,300	27,400	24,300	14,200	17,500	7,600	5,100	5,400	29,400
1,500,000	33,700	32,200	28,400	16,600	20,700	8,900	6,000	6,400	33,700
2,000,000	37,100	36,200	31,800	18,500	23,300	10,000	6,700	7,100	37,100
5,000,000	49,900	52,100	45,400	26,500	34,000	14,400	9,500	10,200	49,400
8,000,000	57,800	62,800	54,500	31,700	41,300	17,400	11,400	12,200	56,600

RELATIVE STANDARD ERRORS

Size of estimate	NSW %	Vic. %	Qld %	SA %	WA %	Tas. %	NT %	ACT %	Australia %
1,000	163.9	174.7	165.1	96.9	100.2	48.2	35.2	36.9	126.7
2,000	114.3	115.2	108.1	63.4	66.8	31.8	23.0	24.2	92.9
5,000	69.9	66.4	61.8	36.2	39.0	18.3	13.1	13.8	60.2
10,000	47.7	43.7	40.4	23.7	26.0	12.1	8.6	9.0	42.6
20,000	32.2	28.8	26.5	15.5	17.3	8.0	5.6	5.9	29.7
50,000	18.9	16.6	15.1	8.9	10.1	4.6	3.2	3.4	18.0
100,000	12.5	11.0	9.9	5.8	6.7	3.0	2.1	2.2	12.1
200,000	8.2	7.2	6.5	3.8	4.5	2.0	1.4	1.5	8.1
500,000	4.6	4.2	3.7	2.2	2.6	1.2	0.8	0.8	4.6
800,000	3.4	3.1	2.8	1.6	2.0	0.9	0.6	0.6	3.4
1,000,000	2.9	2.7	2.4	1.4	1.7	0.8	0.5	0.5	2.9
1,500,000	2.2	2.1	1.9	1.1	1.4	0.6	0.4	0.4	2.2
2,000,000	1.9	1.8	1.6	0.9	1.2	0.5	0.3	0.4	1.9
5,000,000	1.0	1.0	0.9	0.5	0.7	0.3	0.2	0.2	1.0
8,000,000	0.7	0.8	0.7	0.4	0.5	0.2	0.1	0.2	0.7

RELATIVE STANDARD ERROR CUT-OFFS

Size of estimate	NSW no.	Vic. no.	Qld no.	SA no.	WA no.	Tas. no.	NT no.	ACT no.	Australia no.
*25%	30,990	25,356	21,972	9,160	10,688	2,985	1,752	1,892	27,603
**50%	9,186	8,008	7,066	2,950	3,277	942	566	608	7,280

* Estimate has a relative standard error of between 25% and 50% and should be used with caution.

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

EXERCISE, RECREATION AND SPORT SURVEY QUESTIONNAIRE

The following questions are about physical activities you have participated in during the last 12 months for exercise, recreation or sport. Do not include any activities that were part of work or household and garden chores.

Q1 *During the last 12 months did you participate in any physical activities for exercise, recreation or sport?*

- | | | |
|------------------|---|----------|
| Yes | 1 | Go to Q2 |
| No | 2 | Go to Q6 |
| Don't know | 9 | Go to Q6 |

Q2 *What activities did you participate in?*

Up to maximum of 10 activities to be coded.

For each activity — ask Q3–Q5.

Q3 *Was any of this (activity) organised by a club, association or other type of organisation?*

- | | | |
|-----------------------------|---|----------|
| Yes, all (organised) | 1 | Go to Q4 |
| Yes, some (organised) | 2 | Go to Q4 |
| No | 3 | Go to Q5 |
| Don't know | 9 | Go to Q5 |

Q4 *What type of club, association or organisation organised the (activity)?*

MULTIPLE RESPONSE

- | | |
|---|---|
| Fitness, leisure or indoor sports centre that required payment for participation | 1 |
| Sport or recreation club or association that required payment of membership, fees or registration | 2 |
| Work | 3 |
| School | 4 |
| Other (specify) | 8 |

Q5 *Including any practice or training, approximately how many times did you participate in (activity) during the last 12 months?*

Record actual number.

Q6 *Sex of respondent*

- | | |
|--------------|---|
| Male | 1 |
| Female | 2 |

EXERCISE, RECREATION AND SPORT SURVEY QUESTIONNAIRE

Q7 *What is your current age?*

Record age.

Q8 *Which of the following best describes your current marital status?
(READ OUT)*

- MARRIED1
- DE FACTO2
- SEPARATED3
- DIVORCED4
- WIDOWED5
- NEVER MARRIED6
- REFUSED7

Q9 *Do you have any children under 18 years of age?*

- Yes1 Go to Q10
- No2 Go to Q12

Q10 *How many of these children are living with you?*

Record actual number. If zero then go to Q12.

Q11 *What is the age of each of these children who are under 18 years of age
and living with you?*

Record actual age of each child.

Q12 *What is the highest educational qualification you have completed?*

- University degree or higher (including postgraduate diploma).....1
- Undergraduate diploma or associate diploma2
- Certificate, trade qualification or apprenticeship3
- Highest level of secondary school4
- Did not complete highest level of school5
- Never went to school.....6
- Still at secondary school.....7
- Other (specify)8
- Refused9

- Q13** *Do you have a full-time or part-time job of any kind?*
Yes1 Go to Q14
No2 Go to Q16
- Q14** *Do you have more than one job?*
Yes1
No2
- Q15** *How many hours a week do you usually work (in all jobs)?*
Go To Q17.
- Q16** *Did you look for work at any time in the last four weeks?*
Yes1
No2
- Q17** *What is the postcode of the suburb/area where you live?*
Record postcode

EXERCISE, RECREATION AND SPORT SURVEY QUESTIONNAIRE

QUESTIONNAIRE ATTACHMENT — LIST OF ACTIVITIES

1	Callisthenics	33	Croquet
1	Callisthenics	34	Cycling
2	Chinese exercise	35	BMX
3	Exercise bike	36	Mountain bike
4	Gymnasium workouts	37	Darts
5	Military exercise	38	Football — Australian Rules
6	Prime movers=>50s	39	Football — Gridiron (USA)
7	Step Reebok	40	Football — Rugby league
8	Aerobics/Callisthenics/ Exercising — other	41	Football — 7s
9	Aerobatics	42	Football — Modball
10	Ballooning	43	Football — Rugby union
11	Gliding	44	Football — Soccer (indoor)
12	Gyroplane flying	45	Football — Fluffy ball
13	Hang gliding	46	Football — Futsal
14	Model aeroplane flying	47	Football — Soccer (outdoor)
15	Ultralight flying	48	Football — Touch
16	Air sports — other	49	Football — Austag
17	Archery	50	Golf
18	Bow hunting	51	Gymnastics
19	Athletics, Track & field	52	Trampolining
20	Badminton	53	Hockey (indoor)
21	Baseball	54	Hockey (outdoor)
22	Basketball (indoor & outdoor)	55	Horseriding / Equestrian activities
23	Billiards	56	Blade-skating
24	Pool	57	Ice hockey
25	Snooker	58	Ice-skating
26	Bocce, Petanque — French bowls (outdoor)	59	Snow skiing
27	Boxing	60	Ice/Snow sports — other
28	Canoeing	61	Lacrosse (outdoor)
29	Kayaking	62	Lawn bowls
30	Carpet bowls	63	Chi kung
31	Cricket (indoor)	64	Eastern — Judo
32	Cricket (outdoor) — Vigaro	65	Judo

66	Karate	101	Diving (board)
67	Kickboxing	102	Swimming
68	Tae kwon do	103	Table tennis
69	Tai chi	104	Tennis (outdoor)
70	Yoga	105	Tenpin bowling
71	Martial arts — other	106	Triathlons
72	Motor sports — Go-karting	107	Volleyball (indoor) — rebound
73	Motor Sports — Track	108	Newcombe ball
74	Motor sports — Trail bike	109	Volleyball (outdoor)
75	Motor sports — other	110	Jet skiing
76	Netball (indoor)	111	Powerboating
77	Netball (outdoor)	112	Waterskiing
78	Cross-country running	113	Wrestling
79	Orienteering	114	Tennis (indoor)
80	Rogaining	115	Lacrosse (indoor)
81	Rodeo	116	Canoe polo
82	Inline hockey	117	Bodybuilding
83	Roller-blading	118	Circuits
84	Skateboarding	119	Power team
85	Roller sports — other	120	Weight-training for fitness — other
86	Rowing	121	Ballet
87	Jogging	122	Boot scooting
88	Running (e.g. marathon)	123	Dancing — other
89	Sailing (outrigging)	124	Fishing
90	Hunting	125	Electric light cricket
91	Paintball shooting	126	Wheelchair ice hockey
92	Pistol shooting	127	Scuba diving
93	Shooting sports — other	128	Water polo
94	Softball	129	Dog racing
95	Squash	130	Walking — bush
96	Surf lifesaving / Royal lifesaving	131	Walking — other (SPECIFY)
97	Sailboarding	133	Abseiling
98	Windsurfing	134	Caving
99	Surfing	135	Rock climbing
100	Surf sports — other	136	Handball

EXERCISE, RECREATION AND SPORT SURVEY QUESTIONNAIRE

- 137 Fencing
- 138 Gorilla ball
- 139 Racquet ball
- 140 Ultimate frisbee
- 141 Gaelic football
- 142 Horseracing (strapping)
- 143 Tee-ball (T-ball)
- 144 Boomerang throwing
- 145 Water volleyball
- 146 Woodchopping
- 147 Dog shows
- 148 Sheepdog trials
- 149 Winter Olympics
- 150 Marching
- 151 Aquarobics
- 152 Korf ball
- 153 Underwater hockey
- 154 Soft crosse
- 155 Commonwealth Games
- 156 Royal tennis
- 157 Broom ball
- 158 Polocrosse
- 159 Leader ball
- 160 Pigeon racing
- 161 Weight-lifting (competition)
- 162 Play
- 163 Putt-putt golf
- 164 Grockey
- 165 Other activities (SPECIFY)

GLOSSARY

Aerobics/fitness

Includes callisthenics, Chinese exercise, exercise bike, gymnasium work-outs, military exercise, prime movers for over 50s and Step Reebok.

Capital cities

The six State capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory.

Cycling

Includes BMX and mountain bike riding.

Dancing

Includes ballet and line dancing.

Employed full-time

Persons employed full-time are those who usually work 35 hours or more a week (in all jobs).

Employed part-time

Persons employed part-time are those who usually work less than 35 hours a week (in all jobs).

ERASS

Exercise, Recreation and Sport Survey

Fitness organisation

A fitness, leisure or indoor sports centre that required payment for participation.

Gymnastics

Includes trampolining.

Ice/snow sports

Includes blade-skating, ice hockey, ice-skating and snow skiing.

Married

Married persons are those who describe their marital status as being married or in a de facto relationship.

Martial arts

Includes chi kung, judo, karate, kick boxing, tae kwon do and tai chi.

GLOSSARY

Median

The median represents the centre or midpoint of the data. One-half of the data will have values less than the median, and the other half will have values greater than the median.

Motor sports

Includes car, motorbike, speedway, drag and go-kart.

Netball

Includes indoor and outdoor netball.

Not in the labour force

Persons not in the labour force are those who did not have a job when interviewed and did not look for work in the four weeks prior to interview.

Not married

Not married persons are those who describe their marital status as being either separated, divorced, widowed or never married.

Organised sport and physical activities

Sport and physical activities that were organised in full or in part by a club, association or other type of organisation.

Participation rate

For any group, this is the number of persons who participated in the activity, expressed as a percentage of the population in the same group.

Rest of State

The whole of Australia less the six State capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory.

Rock climbing

Includes abseiling and caving.

Roller sports

Includes inline hockey, roller-blading and skateboarding.

RSE

Relative standard error. See Explanatory notes page 25.

Rugby union

Includes rugby 7s.

SE

Standard error. See Explanatory notes page 25.

Shooting sports

Includes hunting, paintball and pistol shooting.

Sport organisation

Sport or recreation club or association that required payment of membership, fees or registration.

Surf sports

Includes sailboarding, surfing, windsurfing. Excludes surf lifesaving.

Swimming

Includes board diving.

Unemployed

Unemployed persons are those who did not have a job when interviewed and looked for work in the four weeks prior to interview.

Volleyball

Includes indoor and outdoor volleyball.

Walking

Indicated as 'Walking — other' in the tables. This category excludes bushwalking, which is reported separately.

Weight-training

Includes bodybuilding, circuits and weight-training for fitness.

CONTACTS

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Department of Sport and Recreation
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