



High Performance Planning – a guide for National Sporting Organisations

Planning is a key process that underpins the achievement of sustainable high performance outcomes.

This was identified in *Australia's Winning Edge 2012-2022: Our game plan for moving from world class to world best*.

Greater levels of accountability and contemporary planning and review processes are critical to achieving Australia's high performance targets.

The Australian Institute of Sport (AIS) has developed a new resource to help improve the quality and effectiveness of our high performance sector in Australia.

Aimed primarily at National Sporting Organisations (NSOs), the High Performance Planning Guide has been developed in close consultation with NSOs and the National Institute Network (NIN).

The Guide will improve the ability of sports to plan and deliver high performance programs, and support Australia's quest for sustained international success in high performance sport.

The Guide provides information, advice and examples to assist sports with the process of developing content and planning documentation.

The resource is available via the Clearinghouse for Sport, accessible to NSOs funded for high performance outcomes, NIN members and Australian Sports Commission staff.

If you are already a member of the Clearinghouse you can immediately access the High Performance Planning Guide via the website www.ausport.gov.au/highperformanceplanning

If you are not a member, please complete the Clearinghouse Registration Form available online at https://secure.ausport.gov.au/clearinghouse/about/member_registration

If you have any questions about the use of the Guide, please contact your National Partnership Manager or AIS Sport Performance Manager.