



Australian Government  
Australian Sports Commission

# Participation in Exercise, Recreation and Sport



## Annual Report 2010

State and Territory Tables for Australian Capital Territory



Communities  
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Government of Western Australia  
Department of Sport and Recreation



Government of South Australia  
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## 9.3 2010 state/territory tables

### 9.3.1 Australian Capital Territory

**Table 27: Australian Capital Territory participants — total participation in physical activity by type of participation, age and sex, 2010 (a)**

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	3.4	7.8	10.3	13.8	18.2	21.6
	25 to 34	3.0	10.7	12.1	15.1	22.8	25.8
	35 to 44	*1.9	12.9	7.7	9.7	20.6	22.5
	45 to 54	*1.1	13.4	6.8	7.9	20.2	21.3
	55 to 64	*0.9	11.2	5.4	6.3	16.6	17.5
	65 and over	*1.8	7.6	4.0	5.8	11.6	13.4
	<b>TOTAL</b>		<b>12.2</b>	<b>63.6</b>	<b>46.3</b>	<b>58.5</b>	<b>110.0</b>
Females	15 to 24	4.2	5.4	13.4	17.6	18.8	23.0
	25 to 34	*1.9	11.0	11.4	13.3	22.4	24.3
	35 to 44	*1.9	14.5	6.6	8.5	21.1	23.0
	45 to 54	*1.2	15.2	5.1	6.4	20.3	21.6
	55 to 64	*1.0	10.1	6.4	7.4	16.5	17.6
	65 and over	*1.2	8.5	4.7	5.9	13.2	14.4
	<b>TOTAL</b>		<b>11.6</b>	<b>64.7</b>	<b>47.6</b>	<b>59.2</b>	<b>112.3</b>
Persons	15 to 24	7.7	13.2	23.7	31.4	37.0	44.6
	25 to 34	4.9	21.7	23.5	28.4	45.2	50.1
	35 to 44	3.9	27.4	14.3	18.2	41.7	45.6
	45 to 54	2.3	28.6	11.9	14.2	40.6	42.9
	55 to 64	*1.9	21.3	11.8	13.8	33.1	35.0
	65 and over	3.1	16.1	8.6	11.7	24.8	27.8
	<b>TOTAL</b>		<b>23.8</b>	<b>128.3</b>	<b>93.9</b>	<b>117.7</b>	<b>222.3</b>
Total participation rate (%) (b)							
Males	15 to 24	13.6	30.9	40.7	54.3	71.6	85.2
	25 to 34	10.6	37.5	42.3	52.9	79.8	90.4
	35 to 44	*7.5	50.0	30.0	37.5	80.0	87.5
	45 to 54	*4.6	57.7	29.2	33.8	86.9	91.5
	55 to 64	*4.7	58.6	28.4	33.1	87.0	91.7
	65 and over	*11.1	46.5	24.3	35.4	70.8	81.9
	<b>TOTAL</b>	<b>8.8</b>	<b>46.0</b>	<b>33.5</b>	<b>42.3</b>	<b>79.5</b>	<b>88.3</b>
Females	15 to 24	17.3	22.1	54.8	72.1	76.9	94.2
	25 to 34	*6.8	39.3	41.0	47.9	80.3	87.2
	35 to 44	*7.5	55.7	25.3	32.8	81.0	88.5
	45 to 54	*5.1	62.0	20.9	25.9	82.9	88.0
	55 to 64	*5.2	50.6	32.0	37.2	82.6	87.8
	65 and over	*6.6	44.8	24.6	31.1	69.4	76.0
	<b>TOTAL</b>	<b>8.2</b>	<b>45.6</b>	<b>33.6</b>	<b>41.7</b>	<b>79.2</b>	<b>87.4</b>
Persons	15 to 24	15.4	26.6	47.6	63.1	74.2	89.6
	25 to 34	8.7	38.4	41.7	50.4	80.1	88.8
	35 to 44	7.5	52.9	27.6	35.1	80.5	88.0
	45 to 54	4.8	59.9	25.0	29.8	84.9	89.7
	55 to 64	*5.0	54.5	30.2	35.2	84.7	89.7
	65 and over	8.7	45.6	24.5	33.1	70.1	78.7
	<b>TOTAL</b>	<b>8.5</b>	<b>45.8</b>	<b>33.5</b>	<b>42.0</b>	<b>79.3</b>	<b>87.8</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 28: Australian Capital Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	21.6	85.2	23.0	94.2	44.6	89.6
25 to 34	25.8	90.4	24.3	87.2	50.1	88.8
35 to 44	22.5	87.5	23.0	88.5	45.6	88.0
45 to 54	21.3	91.5	21.6	88.0	42.9	89.7
55 to 64	17.5	91.7	17.6	87.8	35.0	89.7
65 and over	13.4	81.9	14.4	76.0	27.8	78.7
<b>REGION</b>						
Capital city	122.2	88.3	123.9	87.4	246.1	87.8
<b>EMPLOYMENT STATUS</b>						
Employed full time	77.1	90.9	49.9	90.7	127.1	90.8
Employed part time	14.5	78.7	36.2	91.6	50.7	87.5
Employed refused	*0.7	*100.0	*0.7	*75.8	*1.4	*85.9
Total employed	92.3	88.8	86.9	90.9	179.2	89.8
Unemployed	4.5	96.2	3.4	82.7	7.9	89.9
Not in the labour force	25.4	85.3	33.6	79.7	59.0	82.0
<b>MARITAL STATUS</b>						
Married	76.9	90.4	70.9	87.8	147.9	89.1
Not married	45.1	84.9	52.4	86.6	97.5	85.8
Refused/Do not know	**0.2	**100.0	*0.5	*100.0	*0.7	*100.0
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	35.9	91.0	42.1	88.4	78.0	89.5
At least one under 18 — none at home	2.3	75.9	**0.5	**100.0	2.7	79.1
No children under 18	83.7	87.5	81.3	86.8	165.0	87.2
Refused	**0.3	**100.0	**0.0	**0.0	**0.3	**100.0
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	63.4	93.0	54.2	91.6	117.6	92.3
Undergraduate diploma or associate diploma	9.3	86.5	12.3	92.4	21.6	89.8
Certificate, trade qualification or apprenticeship	13.0	93.2	11.5	85.9	24.5	89.6
Highest level of secondary school	20.0	82.0	25.0	84.7	45.0	83.5
Did not complete highest level of school	10.9	74.5	13.0	75.6	23.9	75.1
Never went to school	**0.0	**0.0	**0.2	**100.0	**0.2	**100.0
Still at secondary school	4.7	88.2	5.9	96.2	10.6	92.5
Other	*0.9	*75.8	*1.2	*54.0	*2.0	*61.5
Refused	**0.0	**0.0	*0.7	*85.5	*0.7	*85.5
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	109.5	89.7	111.9	89.2	221.4	89.4
European language/s other than English	4.0	69.9	4.6	83.8	8.6	76.7
Non-European language/s	9.5	82.2	8.4	70.8	17.9	76.4
<b>Total</b>	<b>122.2</b>	<b>88.3</b>	<b>123.9</b>	<b>87.4</b>	<b>246.1</b>	<b>87.8</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 29: All Australian Capital Territory persons — participation in any physical activity by frequency, age and sex, 2010 (a)**

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	3.8	2.8	6.3	6.9	5.6	**0.0	25.4
	25 to 34	2.7	3.8	8.0	5.8	8.2	**0.0	28.6
	35 to 44	3.2	3.1	6.8	5.1	7.6	**0.0	25.7
	45 to 54	*2.0	3.6	4.8	5.7	7.2	**0.0	23.3
	55 to 64	*1.6	*1.7	3.6	4.4	7.8	**0.0	19.1
	65 and over	3.0	*1.1	3.0	3.4	5.9	**0.0	16.4
	<b>TOTAL</b>		<b>16.2</b>	<b>16.1</b>	<b>32.4</b>	<b>31.4</b>	<b>42.3</b>	<b>**0.0</b>
Females	15 to 24	*1.4	4.2	5.6	6.1	6.8	**0.2	24.4
	25 to 34	3.6	3.3	7.1	6.0	7.9	**0.0	27.9
	35 to 44	3.0	3.7	5.7	7.2	6.4	**0.0	26.0
	45 to 54	2.9	*2.2	4.5	6.4	8.5	**0.0	24.5
	55 to 64	2.4	2.2	4.2	3.7	7.2	**0.2	20.0
	65 and over	4.6	*1.1	3.0	3.2	6.8	**0.2	19.0
	<b>TOTAL</b>		<b>17.9</b>	<b>16.8</b>	<b>30.2</b>	<b>32.5</b>	<b>43.7</b>	<b>*0.7</b>
Persons	15 to 24	5.2	7.0	11.9	13.0	12.5	**0.2	49.8
	25 to 34	6.3	7.2	15.1	11.7	16.1	**0.0	56.4
	35 to 44	6.2	6.8	12.4	12.3	14.0	**0.0	51.8
	45 to 54	4.9	5.8	9.3	12.1	15.7	**0.0	47.8
	55 to 64	4.0	3.9	7.8	8.1	15.0	**0.2	39.1
	65 and over	7.5	2.3	6.0	6.6	12.8	**0.2	35.4
	<b>TOTAL</b>		<b>34.2</b>	<b>33.0</b>	<b>62.5</b>	<b>63.9</b>	<b>86.0</b>	<b>*0.7</b>
Percentage of row (%)								
Males	15 to 24	14.8	11.1	24.7	27.2	22.2	**0.0	100.0
	25 to 34	9.6	13.5	27.9	20.2	28.8	**0.0	100.0
	35 to 44	12.5	11.9	26.3	20.0	29.4	**0.0	100.0
	45 to 54	*8.5	15.4	20.8	24.6	30.8	**0.0	100.0
	55 to 64	*8.3	*8.9	18.9	23.1	40.8	**0.0	100.0
	65 and over	18.1	*6.9	18.1	20.8	36.1	**0.0	100.0
	<b>TOTAL</b>	<b>11.7</b>	<b>11.7</b>	<b>23.4</b>	<b>22.7</b>	<b>30.6</b>	<b>**0.0</b>	<b>100.0</b>
Females	15 to 24	*5.8	17.3	23.1	25.0	27.9	**1.0	100.0
	25 to 34	12.8	12.0	25.6	21.4	28.2	**0.0	100.0
	35 to 44	11.5	14.4	21.8	27.6	24.7	**0.0	100.0
	45 to 54	12.0	*8.9	18.4	25.9	34.8	**0.0	100.0
	55 to 64	12.2	11.0	20.9	18.6	36.0	**1.2	100.0
	65 and over	24.0	*6.0	15.8	16.9	36.1	**1.1	100.0
	<b>TOTAL</b>	<b>12.6</b>	<b>11.9</b>	<b>21.3</b>	<b>22.9</b>	<b>30.8</b>	<b>*0.5</b>	<b>100.0</b>
Persons	15 to 24	10.4	14.2	23.9	26.1	25.0	**0.5	100.0
	25 to 34	11.2	12.7	26.8	20.8	28.5	**0.0	100.0
	35 to 44	12.0	13.1	24.0	23.8	27.0	**0.0	100.0
	45 to 54	10.3	12.0	19.5	25.3	32.8	**0.0	100.0
	55 to 64	10.3	10.0	20.0	20.8	38.4	**0.6	100.0
	65 and over	21.3	6.4	16.9	18.7	36.1	**0.6	100.0
	<b>TOTAL</b>	<b>12.2</b>	<b>11.8</b>	<b>22.3</b>	<b>22.8</b>	<b>30.7</b>	<b>*0.2</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 30: Australian Capital Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.8	18.8	16.0	12.5	21.6
	25 to 34	3.8	22.0	17.3	14.0	25.8
	35 to 44	3.1	19.5	16.6	12.7	22.5
	45 to 54	3.6	17.7	15.2	12.9	21.3
	55 to 64	*1.7	15.8	13.9	12.2	17.5
	65 and over	*1.1	12.3	11.2	9.3	13.4
	<b>TOTAL</b>		<b>16.1</b>	<b>106.0</b>	<b>90.1</b>	<b>73.7</b>
Females	15 to 24	4.2	18.6	16.0	12.9	23.0
	25 to 34	3.3	21.0	17.9	13.8	24.3
	35 to 44	3.7	19.3	17.4	13.6	23.0
	45 to 54	*2.2	19.4	17.1	14.9	21.6
	55 to 64	2.2	15.1	13.4	10.9	17.6
	65 and over	*1.1	13.1	11.9	10.1	14.4
	<b>TOTAL</b>		<b>16.8</b>	<b>106.4</b>	<b>93.5</b>	<b>76.2</b>
Persons	15 to 24	7.0	37.4	32.0	25.5	44.6
	25 to 34	7.2	42.9	35.2	27.8	50.1
	35 to 44	6.8	38.8	33.9	26.3	45.6
	45 to 54	5.8	37.1	32.3	27.8	42.9
	55 to 64	3.9	30.9	27.2	23.1	35.0
	65 and over	2.3	25.4	23.1	19.4	27.8
	<b>TOTAL</b>		<b>33.0</b>	<b>212.4</b>	<b>183.6</b>	<b>149.9</b>

Total participation rate (%) (c)

Males	15 to 24	11.1	74.1	63.0	49.4	85.2
	25 to 34	13.5	76.9	60.6	49.0	90.4
	35 to 44	11.9	75.6	64.4	49.4	87.5
	45 to 54	15.4	76.2	65.4	55.4	91.5
	55 to 64	*8.9	82.8	72.8	63.9	91.7
	65 and over	*6.9	75.0	68.1	56.9	81.9
	<b>TOTAL</b>		<b>11.7</b>	<b>76.6</b>	<b>65.1</b>	<b>53.2</b>
Females	15 to 24	17.3	76.0	65.4	52.9	94.2
	25 to 34	12.0	75.2	64.1	49.6	87.2
	35 to 44	14.4	74.1	66.7	52.3	88.5
	45 to 54	*8.9	79.1	69.6	60.8	88.0
	55 to 64	11.0	75.6	66.9	54.7	87.8
	65 and over	*6.0	68.9	62.8	53.0	76.0
	<b>TOTAL</b>		<b>11.9</b>	<b>75.0</b>	<b>66.0</b>	<b>53.8</b>
Persons	15 to 24	14.2	75.0	64.2	51.1	89.6
	25 to 34	12.7	76.1	62.3	49.3	88.8
	35 to 44	13.1	74.9	65.5	50.8	88.0
	45 to 54	12.0	77.7	67.6	58.1	89.7
	55 to 64	10.0	79.1	69.8	59.2	89.7
	65 and over	6.4	71.7	65.3	54.8	78.7
	<b>TOTAL</b>		<b>11.8</b>	<b>75.8</b>	<b>65.5</b>	<b>53.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with at least that frequency (for example, 183,600 Australian Capital Territory persons engaged in physical activity **at least** twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 31: Australian Capital Territory recent participants — recent participation in any physical activity by duration and age, 2010 (a)**

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	13.2	9.2	7.5	9.5	9.9	7.4	56.8
	Two or three sessions weekly	*0.8	*0.8	**0.5	*0.7	*1.0	*1.2	5.0
	Less than two sessions weekly	**0.0	**0.2	**0.3	**0.2	**0.5	**0.2	*1.4
	<i>Total</i>	14.0	10.2	8.3	10.4	11.4	8.9	63.2
Two hours or more but less than five hours	More than three sessions weekly	3.4	9.2	8.7	9.1	7.2	6.0	43.6
	Two or three sessions weekly	7.8	5.1	5.9	5.3	3.4	2.3	29.8
	Less than two sessions weekly	*2.0	2.4	*0.8	*1.9	*1.1	*1.0	9.2
	<i>Total</i>	13.2	16.7	15.3	16.3	11.8	9.3	82.6
Less than two hours	More than three sessions weekly	**0.2	**0.2	*1.7	*1.3	*0.7	*1.0	5.1
	Two or three sessions weekly	3.4	3.7	4.5	2.6	3.0	2.7	19.8
	Less than two sessions weekly	6.3	10.8	8.3	7.3	4.4	3.1	40.2
	<i>Total</i>	9.9	14.7	14.5	11.3	8.0	6.8	65.2
Total	More than three sessions weekly	16.9	18.6	17.9	19.9	17.8	14.4	105.5
	Two or three sessions weekly	11.9	9.6	10.8	8.6	7.4	6.2	54.6
	Less than two sessions weekly	8.3	13.4	9.4	9.4	6.0	4.3	50.8
	<b>Total</b>	<b>37.1</b>	<b>41.6</b>	<b>38.1</b>	<b>37.9</b>	<b>31.3</b>	<b>24.9</b>	<b>211.0</b>
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.3	4.4	3.6	4.5	4.7	3.5	26.9
	Two or three sessions weekly	*0.4	*0.4	**0.2	*0.3	*0.5	*0.6	2.4
	Less than two sessions weekly	**0.0	**0.1	**0.2	**0.1	**0.2	**0.1	*0.7
	<i>Total</i>	6.6	4.8	3.9	4.9	5.4	4.2	30.0
Two hours or more but less than five hours	More than three sessions weekly	1.6	4.3	4.1	4.3	3.4	2.8	20.6
	Two or three sessions weekly	3.7	2.4	2.8	2.5	1.6	1.1	14.1
	Less than two sessions weekly	*1.0	1.1	*0.4	*0.9	*0.5	*0.5	4.4
	<i>Total</i>	6.3	7.9	7.3	7.7	5.6	4.4	39.1
Less than two hours	More than three sessions weekly	**0.1	**0.1	*0.8	*0.6	*0.3	*0.5	2.4
	Two or three sessions weekly	1.6	1.8	2.1	1.2	1.4	1.3	9.4
	Less than two sessions weekly	3.0	5.1	4.0	3.5	2.1	1.5	19.1
	<i>Total</i>	4.7	7.0	6.9	5.3	3.8	3.2	30.9
Total	More than three sessions weekly	8.0	8.8	8.5	9.4	8.5	6.8	50.0
	Two or three sessions weekly	5.6	4.6	5.1	4.1	3.5	2.9	25.9
	Less than two sessions weekly	3.9	6.4	4.5	4.5	2.8	2.1	24.1
	<b>Total</b>	<b>17.6</b>	<b>19.7</b>	<b>18.1</b>	<b>18.0</b>	<b>14.8</b>	<b>11.8</b>	<b>100.0</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 32: Australian Capital Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)**

	MALES		FEMALES		PERSONS	
	Number (’000)	Regular participation rate (b) (%)	Number (’000)	Regular participation rate (%)	Number (’000)	Regular participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	12.5	49.4	12.9	52.9	25.5	51.1
25 to 34	14.0	49.0	13.8	49.6	27.8	49.3
35 to 44	12.7	49.4	13.6	52.3	26.3	50.8
45 to 54	12.9	55.4	14.9	60.8	27.8	58.1
55 to 64	12.2	63.9	10.9	54.7	23.1	59.2
65 and over	9.3	56.9	10.1	53.0	19.4	54.8
<b>REGION</b>						
Capital city	73.7	53.2	76.2	53.8	149.9	53.5
<b>EMPLOYMENT STATUS</b>						
Employed full time	44.1	52.0	31.2	56.7	75.4	53.8
Employed part time	9.1	49.7	20.0	50.6	29.2	50.4
Employed refused	*0.7	*100.0	**0.5	**51.9	*1.2	*72.0
Total employed	54.0	51.9	51.7	54.2	105.7	53.0
Unemployed	2.6	55.3	*2.0	*48.4	4.6	52.1
Not in the labour force	17.1	57.5	22.5	53.4	39.6	55.1
<b>MARITAL STATUS</b>						
Married	46.1	54.1	43.7	54.1	89.8	54.1
Not married	27.4	51.6	32.1	53.1	59.5	52.4
Refused/Do not know	**0.2	**100.0	**0.4	**72.2	*0.6	*79.1
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	19.0	48.2	25.3	53.2	44.4	50.9
At least one under 18 — none at home	*1.1	*35.3	**0.2	**51.4	*1.3	*37.4
No children under 18	53.4	55.8	50.7	54.1	104.0	55.0
Refused	**0.2	**52.7	**0.0	**0.0	**0.2	**52.7
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	40.2	59.0	34.9	59.0	75.1	59.0
Undergraduate diploma or associate diploma	6.0	55.8	6.8	51.3	12.8	53.3
Certificate, trade qualification or apprenticeship	6.9	49.2	6.6	49.6	13.5	49.4
Highest level of secondary school	12.4	50.9	14.8	50.3	27.2	50.6
Did not complete highest level of school	5.2	35.8	7.3	42.4	12.5	39.4
Still at secondary school	2.5	47.1	4.2	69.2	6.7	58.9
Other	**0.3	**30.1	*0.9	*39.7	*1.2	*36.4
Refused	**0.0	**0.0	*0.7	*85.5	*0.7	*85.5
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	66.8	54.7	68.9	54.9	135.7	54.8
European language/s other than English	*2.0	*34.9	2.2	41.3	4.3	38.0
Non-European language/s	5.5	47.9	5.6	47.4	11.1	47.6
<b>Total</b>	<b>73.7</b>	<b>53.2</b>	<b>76.2</b>	<b>53.8</b>	<b>149.9</b>	<b>53.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 33: All Australian Capital Territory persons — participation in organised physical activity by frequency, age and sex, 2010 (a)**

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	11.6	2.8	6.9	4.1	**0.0	**0.0	25.4
	25 to 34	13.5	4.9	6.9	3.0	**0.3	**0.0	28.6
	35 to 44	16.1	4.0	3.5	*1.4	*0.6	**0.0	25.7
	45 to 54	15.4	3.9	2.3	*1.1	*0.5	**0.0	23.3
	55 to 64	12.7	*1.8	2.8	*1.0	*0.7	**0.0	19.1
	65 and over	10.6	*1.6	*2.2	*1.6	*0.5	**0.0	16.4
	<b>TOTAL</b>	<b>79.9</b>	<b>19.1</b>	<b>24.6</b>	<b>12.2</b>	<b>2.6</b>	<b>**0.0</b>	<b>138.4</b>
Females	15 to 24	6.8	4.5	8.2	2.6	2.4	**0.0	24.4
	25 to 34	14.5	5.7	5.2	*1.7	*0.7	**0.0	27.9
	35 to 44	17.5	4.2	*2.1	*1.3	*0.9	**0.0	26.0
	45 to 54	18.2	*1.6	*1.7	*1.7	*1.4	**0.0	24.5
	55 to 64	12.6	2.2	2.6	*2.0	*0.6	**0.1	20.0
	65 and over	13.1	*1.7	2.5	*1.1	*0.5	**0.1	19.0
	<b>TOTAL</b>	<b>82.6</b>	<b>19.8</b>	<b>22.3</b>	<b>10.4</b>	<b>6.5</b>	<b>**0.2</b>	<b>141.8</b>
Persons	15 to 24	18.4	7.3	15.1	6.7	2.4	**0.0	49.8
	25 to 34	28.0	10.7	12.1	4.7	*1.0	**0.0	56.4
	35 to 44	33.6	8.2	5.6	2.8	*1.5	**0.0	51.8
	45 to 54	33.6	5.5	4.0	2.8	*1.9	**0.0	47.8
	55 to 64	25.3	4.0	5.4	3.0	*1.3	**0.1	39.1
	65 and over	23.6	3.3	4.7	2.7	*1.0	**0.1	35.4
	<b>TOTAL</b>	<b>162.5</b>	<b>38.9</b>	<b>46.9</b>	<b>22.6</b>	<b>9.0</b>	<b>**0.2</b>	<b>280.2</b>
Percentage of row (%)								
Males	15 to 24	45.7	11.1	27.2	16.0	**0.0	**0.0	100.0
	25 to 34	47.1	17.3	24.0	10.6	**1.0	**0.0	100.0
	35 to 44	62.5	15.6	13.8	*5.6	*2.5	**0.0	100.0
	45 to 54	66.2	16.9	10.0	*4.6	*2.3	**0.0	100.0
	55 to 64	66.9	*9.5	14.8	*5.3	*3.6	**0.0	100.0
	65 and over	64.6	*9.7	*13.2	*9.7	*2.8	**0.0	100.0
	<b>TOTAL</b>	<b>57.7</b>	<b>13.8</b>	<b>17.8</b>	<b>8.8</b>	<b>1.9</b>	<b>**0.0</b>	<b>100.0</b>
Females	15 to 24	27.9	18.3	33.7	10.6	9.6	**0.0	100.0
	25 to 34	52.1	20.5	18.8	*6.0	*2.6	**0.0	100.0
	35 to 44	67.2	16.1	*8.0	*5.2	*3.4	**0.0	100.0
	45 to 54	74.1	*6.3	*7.0	*7.0	*5.7	**0.0	100.0
	55 to 64	62.8	11.0	12.8	*9.9	*2.9	**0.6	100.0
	65 and over	68.9	*8.7	13.1	*6.0	*2.7	**0.5	100.0
	<b>TOTAL</b>	<b>58.3</b>	<b>14.0</b>	<b>15.7</b>	<b>7.3</b>	<b>4.6</b>	<b>**0.2</b>	<b>100.0</b>
Persons	15 to 24	36.9	14.6	30.3	13.4	4.7	**0.0	100.0
	25 to 34	49.6	18.9	21.5	8.3	*1.8	**0.0	100.0
	35 to 44	64.9	15.9	10.9	5.4	*3.0	**0.0	100.0
	45 to 54	70.2	11.5	8.4	5.8	*4.0	**0.0	100.0
	55 to 64	64.8	10.3	13.8	7.7	*3.2	**0.3	100.0
	65 and over	66.9	9.2	13.2	7.7	*2.8	**0.3	100.0
	<b>TOTAL</b>	<b>58.0</b>	<b>13.9</b>	<b>16.7</b>	<b>8.1</b>	<b>3.2</b>	<b>**0.1</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 34: Australian Capital Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.8	11.0	6.6	4.1	13.8
	25 to 34	4.9	10.2	5.8	3.3	15.1
	35 to 44	4.0	5.6	3.2	*2.1	9.7
	45 to 54	3.9	3.9	2.5	*1.6	7.9
	55 to 64	*1.8	4.5	2.9	*1.7	6.3
	65 and over	*1.6	4.2	3.6	*2.0	5.8
	<b>TOTAL</b>	<b>19.1</b>	<b>39.4</b>	<b>24.6</b>	<b>14.8</b>	<b>58.5</b>
Females	15 to 24	4.5	13.2	8.9	4.9	17.6
	25 to 34	5.7	7.6	5.5	2.4	13.3
	35 to 44	4.2	4.3	3.4	2.2	8.5
	45 to 54	*1.6	4.8	4.0	3.1	6.4
	55 to 64	2.2	5.1	3.6	2.6	7.4
	65 and over	*1.7	4.1	2.7	*1.7	5.9
	<b>TOTAL</b>	<b>19.8</b>	<b>39.2</b>	<b>28.2</b>	<b>16.9</b>	<b>59.2</b>
Persons	15 to 24	7.3	24.1	15.5	9.0	31.4
	25 to 34	10.7	17.8	11.2	5.7	28.4
	35 to 44	8.2	10.0	6.7	4.3	18.2
	45 to 54	5.5	8.8	6.5	4.7	14.2
	55 to 64	4.0	9.6	6.5	4.2	13.8
	65 and over	3.3	8.4	6.3	3.7	11.7
	<b>TOTAL</b>	<b>38.9</b>	<b>78.6</b>	<b>52.8</b>	<b>31.7</b>	<b>117.7</b>
Total participation rate (%) (c)						
Males	15 to 24	11.1	43.2	25.9	16.0	54.3
	25 to 34	17.3	35.6	20.2	11.5	52.9
	35 to 44	15.6	21.9	12.5	*8.1	37.5
	45 to 54	16.9	16.9	10.8	*6.9	33.8
	55 to 64	*9.5	23.7	15.4	*8.9	33.1
	65 and over	*9.7	25.7	22.2	*12.5	35.4
	<b>TOTAL</b>	<b>13.8</b>	<b>28.5</b>	<b>17.8</b>	<b>10.7</b>	<b>42.3</b>
Females	15 to 24	18.3	53.8	36.5	20.2	72.1
	25 to 34	20.5	27.4	19.7	8.5	47.9
	35 to 44	16.1	16.7	13.2	8.6	32.8
	45 to 54	*6.3	19.6	16.5	12.7	25.9
	55 to 64	11.0	25.6	18.0	12.8	37.2
	65 and over	*8.7	21.9	14.2	*8.7	31.1
	<b>TOTAL</b>	<b>14.0</b>	<b>27.6</b>	<b>19.9</b>	<b>11.9</b>	<b>41.7</b>
Persons	15 to 24	14.6	48.4	31.1	18.1	63.1
	25 to 34	18.9	31.5	19.9	10.1	50.4
	35 to 44	15.9	19.3	12.9	8.4	35.1
	45 to 54	11.5	18.3	13.7	9.9	29.8
	55 to 64	10.3	24.6	16.7	10.9	35.2
	65 and over	9.2	23.6	17.9	10.5	33.1
	<b>TOTAL</b>	<b>13.9</b>	<b>28.1</b>	<b>18.9</b>	<b>11.3</b>	<b>42.0</b>

- (a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010
- (b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 52,800 Australian Capital Territory persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)
- (c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 35: Australian Capital Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)**

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	3.1	11.3	*0.9	4.1	2.8	13.8
	25 to 34	5.2	10.7	*1.9	**0.3	2.5	15.1
	35 to 44	2.6	6.3	*1.3	**0.2	2.4	9.7
	45 to 54	*2.2	5.9	*0.9	**0.4	*1.4	7.9
	55 to 64	*0.9	4.4	**0.1	**0.0	*1.9	6.3
	65 and over	*1.9	4.4	**0.0	**0.1	*0.7	5.8
	<b>TOTAL</b>	<b>15.9</b>	<b>43.0</b>	<b>5.2</b>	<b>5.0</b>	<b>11.7</b>	<b>58.5</b>
Females	15 to 24	8.9	10.3	*0.9	5.6	3.8	17.6
	25 to 34	9.0	5.7	*1.4	**0.2	2.4	13.3
	35 to 44	5.5	4.3	*0.7	*0.7	*1.6	8.5
	45 to 54	3.3	2.8	**0.2	**0.2	*1.7	6.4
	55 to 64	3.6	2.6	**0.3	**0.1	2.7	7.4
	65 and over	2.9	*2.2	**0.0	**0.1	2.7	5.9
	<b>TOTAL</b>	<b>33.3</b>	<b>27.9</b>	<b>3.6</b>	<b>7.0</b>	<b>14.9</b>	<b>59.2</b>
Persons	15 to 24	12.1	21.6	*1.9	9.7	6.6	31.4
	25 to 34	14.3	16.4	3.4	**0.5	4.9	28.4
	35 to 44	8.1	10.6	*2.0	*0.9	4.1	18.2
	45 to 54	5.4	8.7	*1.1	**0.5	3.1	14.2
	55 to 64	4.5	7.0	**0.5	**0.1	4.6	13.8
	65 and over	4.8	6.6	**0.0	**0.2	3.4	11.7
	<b>TOTAL</b>	<b>49.2</b>	<b>70.9</b>	<b>8.8</b>	<b>12.0</b>	<b>26.6</b>	<b>117.7</b>

Total participation rate (%) (b)

Males	15 to 24	12.3	44.4	*3.7	16.0	11.1	54.3
	25 to 34	18.3	37.5	*6.7	**1.0	8.7	52.9
	35 to 44	10.0	24.4	*5.0	**0.6	9.4	37.5
	45 to 54	*9.2	25.4	*3.8	**1.5	*6.2	33.8
	55 to 64	*4.7	23.1	**0.6	**0.0	*10.1	33.1
	65 and over	*11.8	27.1	**0.0	**0.7	*4.2	35.4
	<b>TOTAL</b>	<b>11.5</b>	<b>31.1</b>	<b>3.7</b>	<b>3.6</b>	<b>8.5</b>	<b>42.3</b>
Females	15 to 24	36.5	42.3	*3.8	23.1	15.4	72.1
	25 to 34	32.5	20.5	*5.1	**0.9	8.5	47.9
	35 to 44	21.3	16.7	*2.9	*2.9	*6.3	32.8
	45 to 54	13.3	11.4	**0.6	**0.6	*7.0	25.9
	55 to 64	18.0	12.8	**1.7	**0.6	13.4	37.2
	65 and over	15.3	*11.5	**0.0	**0.5	14.2	31.1
	<b>TOTAL</b>	<b>23.5</b>	<b>19.7</b>	<b>2.6</b>	<b>4.9</b>	<b>10.5</b>	<b>41.7</b>
Persons	15 to 24	24.2	43.4	*3.8	19.5	13.2	63.1
	25 to 34	25.3	29.1	5.9	**0.9	8.6	50.4
	35 to 44	15.7	20.5	*3.9	*1.8	7.8	35.1
	45 to 54	11.3	18.2	*2.2	**1.1	6.6	29.8
	55 to 64	11.5	17.8	**1.2	**0.3	11.8	35.2
	65 and over	13.7	18.7	**0.0	**0.6	9.6	33.1
	<b>TOTAL</b>	<b>17.6</b>	<b>25.3</b>	<b>3.1</b>	<b>4.3</b>	<b>9.5</b>	<b>42.0</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 36: Australian Capital Territory participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)**

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	31.1	22.5	44.4	31.3	75.5	26.9
Aquarobics	**0.1	**0.1	*2.1	*1.5	2.3	0.8
Athletics/track and field	*1.2	*0.9	**0.5	**0.3	*1.7	*0.6
Australian rules football	4.9	3.5	*0.9	*0.7	5.8	2.1
Badminton	*1.4	*1.0	*1.2	*0.9	2.6	0.9
Baseball	**0.3	**0.2	**0.1	**0.1	**0.5	**0.2
Basketball	4.8	3.5	2.7	1.9	7.5	2.7
Boxing	*0.6	*0.4	*1.2	*0.8	*1.8	*0.6
Canoeing/kayaking	3.4	2.5	3.3	2.3	6.7	2.4
Carpet bowls	**0.0	**0.0	**0.3	**0.2	**0.3	**0.1
Cricket (indoor)	3.4	2.4	**0.5	**0.3	3.8	1.4
Cricket (outdoor)	6.6	4.8	*0.7	*0.5	7.3	2.6
Cycling	33.6	24.3	19.6	13.8	53.2	19.0
Dancing	*1.9	*1.4	7.4	5.2	9.3	3.3
Darts	**0.3	**0.2	**0.0	**0.0	**0.3	**0.1
Fishing	2.8	2.0	**0.2	**0.1	2.9	1.0
Golf	12.8	9.2	2.5	1.7	15.2	5.4
Gymnastics	**0.4	**0.3	**0.4	**0.3	*0.8	*0.3
Hockey (indoor)	*1.1	*0.8	*1.3	*0.9	2.4	0.8
Hockey (outdoor)	*1.7	*1.2	2.7	1.9	4.4	1.6
Horse riding/equestrian activities/polocrosse	**0.5	**0.4	*0.9	*0.6	*1.4	*0.5
Ice/snow sports	5.1	3.7	3.9	2.7	9.0	3.2
Lawn bowls	2.6	1.9	*0.8	*0.6	3.4	1.2
Martial arts	4.4	3.2	3.7	2.6	8.0	2.9
Motor sports	2.4	1.7	**0.0	**0.0	2.4	0.9
Netball	2.4	1.7	10.4	7.3	12.7	4.5
Orienteering	2.5	1.8	*1.0	*0.7	3.5	1.3
Rock climbing	*1.1	*0.8	*0.6	*0.4	*1.6	*0.6
Roller sports	*0.9	*0.7	**0.1	**0.1	*1.1	*0.4
Rowing	*1.2	*0.9	*0.6	*0.4	*1.8	*0.6
Rugby league	*1.1	*0.8	**0.0	**0.0	*1.1	*0.4
Rugby union	2.3	1.7	**0.0	**0.0	2.3	0.8
Running	21.2	15.3	13.8	9.7	35.0	12.5
Sailing	*0.5	*0.4	**0.2	**0.2	*0.7	*0.3
Scuba diving	*1.2	*0.9	*1.5	*1.0	2.7	1.0
Shooting sports	*0.6	*0.4	**0.5	**0.3	*1.0	*0.4
Football (indoor)	6.2	4.5	2.4	1.7	8.6	3.1
Football (outdoor)	14.9	10.8	5.6	4.0	20.5	7.3
Softball	*0.7	*0.5	*2.1	*1.5	2.7	1.0
Squash/racquet ball	3.6	2.6	*1.1	*0.8	4.7	1.7
Surf sports	2.3	1.6	*0.7	*0.5	2.9	1.0
Swimming	17.3	12.5	23.6	16.7	40.9	14.6
Table tennis	*1.8	*1.3	**0.2	**0.2	*2.0	*0.7
Tennis	10.9	7.9	5.7	4.1	16.6	5.9
Tenpin bowling	*1.1	*0.8	**0.5	**0.3	*1.6	*0.6
Touch football	5.0	3.6	3.4	2.4	8.3	3.0
Triathlon	*1.1	*0.8	*0.6	*0.4	*1.7	*0.6
Volleyball	*1.2	*0.9	*1.0	*0.7	2.2	0.8
Walking (bush)	12.2	8.8	10.0	7.1	22.2	7.9
Walking (other)	42.2	30.5	73.4	51.8	115.6	41.2
Water polo	**0.5	**0.3	**0.2	**0.2	*0.7	*0.3
Waterskiing/powerboating	*1.5	*1.1	**0.5	**0.3	*1.9	*0.7
Weight training	6.0	4.3	3.0	2.1	9.0	3.2
Yoga	*0.8	*0.6	9.8	6.9	10.5	3.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 37: Australian Capital Territory participants — total participation in specific activities by type of activity, 2010 (a)**

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	24.1	57.0	75.5	8.6	20.3	26.9
Aquarobics	*1.2	*1.1	2.3	*0.4	*0.4	0.8
Athletics/track and field	*0.7	*1.0	*1.7	*0.2	*0.4	*0.6
Australian rules football	4.6	*2.0	5.8	1.6	*0.7	2.1
Badminton	*1.5	*1.0	2.6	*0.5	*0.4	0.9
Baseball	**0.5	**0.0	**0.5	**0.2	**0.0	**0.2
Basketball	4.9	4.0	7.5	1.7	1.4	2.7
Boxing	*0.7	*1.1	*1.8	*0.2	*0.4	*0.6
Canoeing/kayaking	*2.1	4.6	6.7	*0.7	1.6	2.4
Carpet bowls	**0.3	**0.1	**0.3	**0.1	**0.0	**0.1
Cricket (indoor)	2.5	*1.6	3.8	0.9	*0.6	1.4
Cricket (outdoor)	4.7	3.1	7.3	1.7	1.1	2.6
Cycling	6.0	51.6	53.2	2.2	18.4	19.0
Dancing	7.2	3.0	9.3	2.6	1.1	3.3
Darts	**0.0	**0.3	**0.3	**0.0	**0.1	**0.1
Fishing	*0.5	2.8	2.9	*0.2	1.0	1.0
Golf	8.5	9.6	15.2	3.0	3.4	5.4
Gymnastics	**0.0	*0.8	*0.8	**0.0	*0.3	*0.3
Hockey (indoor)	2.4	**0.0	2.4	0.8	**0.0	0.8
Hockey (outdoor)	4.4	*0.0	4.4	1.6	*0.0	1.6
Horse riding/equestrian activities/polocrosse	**0.3	*1.1	*1.4	*0.1	*0.4	*0.5
Ice/snow sports	*1.5	8.3	9.0	*0.5	3.0	3.2
Lawn bowls	2.7	*0.7	3.4	1.0	*0.3	1.2
Martial arts	6.3	2.3	8.0	2.2	0.8	2.9
Motor sports	*0.9	*1.8	2.4	*0.3	*0.6	0.9
Netball	10.2	3.7	12.7	3.6	1.3	4.5
Orienteering	*1.7	*2.2	3.5	*0.6	*0.8	1.3
Rock climbing	**0.2	*1.4	*1.6	**0.1	*0.5	*0.6
Roller sports	**0.0	*1.1	*1.1	**0.0	*0.4	*0.4
Rowing	*1.3	*0.6	*1.8	*0.5	*0.2	*0.6
Rugby league	*0.6	**0.5	*1.1	*0.2	**0.2	*0.4
Rugby union	2.3	**0.4	2.3	0.8	**0.1	0.8
Running	4.8	32.7	35.0	1.7	11.7	12.5
Sailing	**0.4	**0.3	*0.7	**0.1	**0.1	*0.3
Scuba diving	*1.0	*1.8	2.7	*0.4	*0.6	1.0
Shooting sports	*0.9	**0.5	*1.0	*0.3	**0.2	*0.4
Football (indoor)	5.8	3.6	8.6	2.1	1.3	3.1
Football (outdoor)	14.6	7.2	20.5	5.2	2.6	7.3
Softball	2.4	*0.6	2.7	0.8	*0.2	1.0
Squash/racquet ball	*1.4	3.5	4.7	*0.5	1.3	1.7
Surf sports	**0.1	2.8	2.9	**0.1	1.0	1.0
Swimming	3.3	38.3	40.9	1.2	13.7	14.6
Table tennis	*0.8	*1.5	*2.0	*0.3	*0.5	*0.7
Tennis	5.5	14.0	16.6	2.0	5.0	5.9
Tenpin bowling	**0.4	*1.3	*1.6	**0.2	*0.5	*0.6
Touch football	5.5	3.5	8.3	2.0	1.2	3.0
Triathlon	*1.7	**0.0	*1.7	*0.6	**0.0	*0.6
Volleyball	*1.6	*0.6	2.2	*0.6	*0.2	0.8
Walking (bush)	2.4	21.0	22.2	0.9	7.5	7.9
Walking (other)	5.2	114.0	115.6	1.8	40.7	41.2
Water polo	*0.7	**0.0	*0.7	*0.3	**0.0	*0.3
Waterskiing/powerboating	**0.0	*1.9	*1.9	**0.0	*0.7	*0.7
Weight training	*1.6	7.7	9.0	*0.6	2.8	3.2
Yoga	6.0	6.0	10.5	2.2	2.1	3.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

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