



Australian Government
Australian Sports Commission

Participation in Exercise, Recreation and Sport



Annual Report 2010

State and Territory Tables for Tasmania



Communities
Sport & Recreation



Government of Western Australia
Department of Sport and Recreation



Government of South Australia
Office for Recreation and Sport



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9.3.6 Tasmania

Table 82: Tasmanian participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	7.8	8.4	14.6	22.4	23.0	30.8
	25 to 34	*2.9	10.6	10.1	13.0	20.7	23.6
	35 to 44	*4.0	14.3	9.5	13.5	23.9	27.9
	45 to 54	4.8	14.8	8.0	12.8	22.8	27.6
	55 to 64	*3.0	15.1	6.7	9.7	21.8	24.8
	65 and over	*3.9	14.5	5.6	9.5	20.1	24.0
	TOTAL	26.4	77.8	54.5	80.9	132.3	158.7
Females	15 to 24	8.9	5.0	13.3	22.3	18.3	27.2
	25 to 34	*1.7	13.8	8.1	9.8	21.9	23.7
	35 to 44	*3.0	14.9	10.8	13.8	25.7	28.7
	45 to 54	*2.6	18.6	8.6	11.2	27.2	29.7
	55 to 64	*1.2	18.2	7.0	8.3	25.2	26.4
	65 and over	*3.0	18.5	6.6	9.6	25.1	28.1
	TOTAL	20.5	88.9	54.4	74.9	143.3	163.9
Persons	15 to 24	16.8	13.4	27.9	44.7	41.3	58.1
	25 to 34	4.6	24.4	18.2	22.9	42.7	47.3
	35 to 44	7.0	29.3	20.3	27.3	49.5	56.6
	45 to 54	7.4	33.4	16.6	23.9	49.9	57.3
	55 to 64	*4.2	33.3	13.8	18.0	47.0	51.2
	65 and over	6.9	33.0	12.2	19.1	45.2	52.0
	TOTAL	46.9	166.7	108.9	155.9	275.6	322.5
Total participation rate (%) (b)							
Males	15 to 24	23.3	25.1	43.4	66.8	68.5	91.9
	25 to 34	*10.2	37.7	36.1	46.3	73.8	84.0
	35 to 44	*12.6	45.0	29.8	42.4	74.8	87.4
	45 to 54	13.4	41.1	22.0	35.4	63.1	76.4
	55 to 64	*9.2	46.6	20.8	30.0	67.4	76.6
	65 and over	*11.1	41.7	16.1	27.3	57.8	68.9
	TOTAL	13.4	39.5	27.7	41.1	67.2	80.6
Females	15 to 24	28.4	15.8	42.3	70.7	58.0	86.4
	25 to 34	*5.9	47.1	27.6	33.6	74.8	80.7
	35 to 44	*9.0	44.3	31.9	40.9	76.2	85.2
	45 to 54	*6.8	49.7	23.1	29.9	72.8	79.6
	55 to 64	*3.7	53.9	20.8	24.5	74.8	78.4
	65 and over	*7.7	47.3	16.8	24.5	64.1	71.8
	TOTAL	10.0	43.5	26.6	36.6	70.0	80.1
Persons	15 to 24	25.8	20.6	42.9	68.7	63.5	89.2
	25 to 34	8.0	42.5	31.8	39.8	74.3	82.3
	35 to 44	10.7	44.7	30.9	41.6	75.5	86.3
	45 to 54	10.0	45.5	22.6	32.6	68.0	78.1
	55 to 64	*6.4	50.3	20.8	27.2	71.2	77.5
	65 and over	9.3	44.6	16.5	25.8	61.1	70.5
	TOTAL	11.7	41.5	27.1	38.8	68.7	80.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 83: Tasmanian participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	30.8	91.9	27.2	86.4	58.1	89.2
25 to 34	23.6	84.0	23.7	80.7	47.3	82.3
35 to 44	27.9	87.4	28.7	85.2	56.6	86.3
45 to 54	27.6	76.4	29.7	79.6	57.3	78.1
55 to 64	24.8	76.6	26.4	78.4	51.2	77.5
65 and over	24.0	68.9	28.1	71.8	52.0	70.5
REGION						
Capital city	69.6	84.4	73.5	83.9	143.1	84.1
Rest of state	89.1	77.9	90.4	77.2	179.5	77.6
EMPLOYMENT STATUS						
Employed full time	87.3	83.2	44.0	89.7	131.3	85.3
Employed part time	20.4	82.2	54.6	84.8	75.0	84.1
Employed refused	*1.6	*73.0	*3.4	*88.7	4.9	83.0
Total employed	109.2	82.9	102.0	87.0	211.2	84.8
Unemployed	7.1	92.7	5.3	71.8	12.3	82.4
Not in the labour force	42.3	73.9	56.6	70.7	99.0	72.0
MARITAL STATUS						
Married	99.4	80.3	95.0	81.1	194.4	80.7
Not married	58.5	81.4	67.8	78.4	126.3	79.8
Refused/Do not know	**0.8	**68.2	**1.0	**100.0	*1.8	*82.8
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	46.1	86.0	51.9	83.1	98.0	84.4
At least one under 18 — none at home	6.6	74.2	**0.6	**58.1	7.2	72.6
No children under 18	106.0	78.9	111.2	78.8	217.2	78.9
Refused	**0.0	**0.0	**0.2	**100.0	**0.2	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	33.8	89.7	42.1	94.4	75.9	92.3
Undergraduate diploma or associate diploma	10.0	72.2	13.4	92.8	23.4	82.7
Certificate, trade qualification or apprenticeship	27.9	85.5	21.4	85.6	49.3	85.5
Highest level of secondary school	30.1	78.6	37.1	75.9	67.1	77.1
Did not complete highest level of school	42.6	73.7	36.8	65.9	79.4	69.9
Never went to school	**0.3	**100.0	**0.0	**0.0	**0.3	**51.3
Still at secondary school	11.2	96.4	7.0	88.1	18.1	93.0
Other	*1.9	*62.0	5.3	86.7	7.2	78.5
Refused	**1.0	**57.8	**0.9	**50.6	*1.8	*54.2
LANGUAGE SPOKEN AT HOME						
English only	150.6	80.6	157.7	80.1	308.3	80.3
European language/s other than English	*2.6	*68.9	*2.6	*94.9	5.2	80.0
Non-European language/s	5.7	83.3	*4.0	*72.2	9.7	78.3
Total	158.7	80.6	163.9	80.1	322.5	80.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 84: All Tasmanian persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	*2.7	8.3	6.7	5.1	10.8	**0.0	33.5
	25 to 34	4.5	*3.9	6.8	4.5	8.4	**0.0	28.1
	35 to 44	*4.0	6.2	7.3	6.5	7.9	**0.0	31.9
	45 to 54	8.5	5.5	9.6	6.6	5.7	**0.3	36.1
	55 to 64	7.6	7.0	5.9	5.7	6.2	**0.0	32.4
	65 and over	10.8	*4.2	4.6	4.8	10.5	**0.0	34.8
	TOTAL	38.1	35.0	40.9	33.2	49.4	**0.3	196.8
Females	15 to 24	*4.3	*3.5	8.4	6.0	9.4	**0.0	31.5
	25 to 34	5.6	*3.8	5.0	6.5	8.3	**0.0	29.3
	35 to 44	5.0	*3.5	7.3	8.8	9.2	**0.0	33.7
	45 to 54	7.6	*3.9	8.7	5.6	11.2	**0.4	37.3
	55 to 64	7.3	*3.2	6.9	*4.1	11.9	**0.4	33.7
	65 and over	11.0	*2.3	8.0	5.7	11.7	**0.3	39.1
	TOTAL	40.8	20.2	44.3	36.7	61.7	**1.0	204.7
Persons	15 to 24	7.0	11.8	15.1	11.1	20.2	**0.0	65.1
	25 to 34	10.1	7.7	11.8	11.0	16.8	**0.0	57.4
	35 to 44	9.0	9.7	14.6	15.3	17.0	**0.0	65.6
	45 to 54	16.1	9.4	18.2	12.1	16.8	**0.7	73.4
	55 to 64	14.8	10.2	12.8	9.8	18.0	**0.4	66.1
	65 and over	21.8	6.4	12.6	10.5	22.2	**0.3	73.9
	TOTAL	78.9	55.2	85.1	69.8	111.0	*1.3	401.5
Percentage of row (%)								
Males	15 to 24	*8.1	24.6	20.0	15.2	32.1	**0.0	100.0
	25 to 34	16.0	*13.9	24.1	16.0	30.0	**0.0	100.0
	35 to 44	*12.6	19.5	22.9	20.3	24.7	**0.0	100.0
	45 to 54	23.6	15.3	26.5	18.2	15.7	**0.8	100.0
	55 to 64	23.4	21.5	18.3	17.7	19.0	**0.0	100.0
	65 and over	31.1	*11.9	13.2	13.7	30.1	**0.0	100.0
	TOTAL	19.4	17.8	20.8	16.8	25.1	**0.2	100.0
Females	15 to 24	*13.6	*11.1	26.5	18.9	29.9	**0.0	100.0
	25 to 34	19.3	*12.9	17.1	22.3	28.5	**0.0	100.0
	35 to 44	14.8	*10.3	21.7	26.1	27.2	**0.0	100.0
	45 to 54	20.4	*10.4	23.3	15.0	29.9	**1.1	100.0
	55 to 64	21.6	*9.6	20.4	*12.1	35.2	**1.1	100.0
	65 and over	28.2	*5.9	20.5	14.7	30.0	**0.7	100.0
	TOTAL	19.9	9.9	21.6	17.9	30.1	**0.5	100.0
Persons	15 to 24	10.8	18.1	23.2	17.0	31.0	**0.0	100.0
	25 to 34	17.7	13.4	20.5	19.2	29.2	**0.0	100.0
	35 to 44	13.7	14.7	22.3	23.3	26.0	**0.0	100.0
	45 to 54	21.9	12.8	24.8	16.5	22.9	**1.0	100.0
	55 to 64	22.5	15.5	19.4	14.9	27.3	**0.5	100.0
	65 and over	29.5	8.7	17.1	14.2	30.1	**0.4	100.0
	TOTAL	19.7	13.7	21.2	17.4	27.7	*0.3	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 85: Tasmanian participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	8.3	22.6	19.0	15.9	30.8
	25 to 34	*3.9	19.7	15.8	12.9	23.6
	35 to 44	6.2	21.7	17.7	14.3	27.9
	45 to 54	5.5	21.8	17.3	12.2	27.6
	55 to 64	7.0	17.9	14.5	11.9	24.8
	65 and over	*4.2	19.8	17.7	15.2	24.0
	TOTAL	35.0	123.4	102.0	82.5	158.7
Females	15 to 24	*3.5	23.7	19.2	15.4	27.2
	25 to 34	*3.8	19.9	16.9	14.9	23.7
	35 to 44	*3.5	25.3	22.0	18.0	28.7
	45 to 54	*3.9	25.4	20.0	16.7	29.7
	55 to 64	*3.2	22.8	20.3	15.9	26.4
	65 and over	*2.3	25.5	20.9	17.5	28.1
	TOTAL	20.2	142.6	119.4	98.4	163.9
Persons	15 to 24	11.8	46.3	38.2	31.2	58.1
	25 to 34	7.7	39.6	32.7	27.8	47.3
	35 to 44	9.7	46.9	39.8	32.3	56.6
	45 to 54	9.4	47.2	37.4	29.0	57.3
	55 to 64	10.2	40.7	34.8	27.8	51.2
	65 and over	6.4	45.3	38.6	32.7	52.0
	TOTAL	55.2	266.0	221.4	180.9	322.5
Total participation rate (%) (c)						
Males	15 to 24	24.6	67.3	56.6	47.3	91.9
	25 to 34	*13.9	70.1	56.1	46.0	84.0
	35 to 44	19.5	68.0	55.7	45.0	87.4
	45 to 54	15.3	60.3	48.0	33.9	76.4
	55 to 64	21.5	55.1	44.7	36.8	76.6
	65 and over	*11.9	57.0	50.9	43.8	68.9
	TOTAL	17.8	62.7	51.8	41.9	80.6
Females	15 to 24	*11.1	75.3	60.9	48.8	86.4
	25 to 34	*12.9	67.9	57.7	50.8	80.7
	35 to 44	*10.3	74.9	65.3	53.3	85.2
	45 to 54	*10.4	68.1	53.7	44.8	79.6
	55 to 64	*9.6	67.8	60.3	47.3	78.4
	65 and over	*5.9	65.2	53.5	44.7	71.8
	TOTAL	9.9	69.7	58.3	48.1	80.1
Persons	15 to 24	18.1	71.2	58.6	48.0	89.2
	25 to 34	13.4	69.0	56.9	48.4	82.3
	35 to 44	14.7	71.5	60.6	49.3	86.3
	45 to 54	12.8	64.3	50.9	39.4	78.1
	55 to 64	15.5	61.6	52.7	42.1	77.5
	65 and over	8.7	61.3	52.3	44.3	70.5
	TOTAL	13.7	66.3	55.1	45.1	80.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 221,400 Tasmanian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 86: Tasmanian recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	14.4	10.3	11.4	11.5	12.0	12.8	72.3
	Two or three sessions weekly	*3.6	*2.0	**1.0	*2.8	*2.0	*3.3	14.6
	Less than two sessions weekly	**0.4	**0.0	**0.9	**0.7	*1.5	**0.8	4.4
	<i>Total</i>	18.3	12.3	13.3	15.0	15.5	16.9	91.3
Two hours or more but less than five hours	More than three sessions weekly	*4.0	7.3	10.5	10.3	9.7	9.5	51.3
	Two or three sessions weekly	7.9	4.7	7.9	7.1	*3.4	*2.9	33.9
	Less than two sessions weekly	*3.1	**0.9	*2.8	*2.6	*2.7	*3.7	15.8
	<i>Total</i>	15.1	12.8	21.2	19.9	15.8	16.1	101.0
Less than two hours	More than three sessions weekly	**0.8	**0.7	**0.6	*1.7	*1.5	*2.5	7.9
	Two or three sessions weekly	**0.0	*3.5	*4.2	*3.1	*3.5	*3.1	17.3
	Less than two sessions weekly	10.7	10.3	9.4	8.7	7.5	7.1	53.7
	<i>Total</i>	11.5	14.4	14.2	13.5	12.5	12.8	78.9
Total	More than three sessions weekly	19.2	18.2	22.5	23.5	23.2	24.9	131.5
	Two or three sessions weekly	11.5	10.1	13.1	13.0	8.9	9.2	65.8
	Less than two sessions weekly	14.2	11.1	13.1	12.0	11.7	11.6	73.8
	Total	44.9	39.5	48.7	48.5	43.8	45.8	271.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.3	3.8	4.2	4.3	4.4	4.7	26.7
	Two or three sessions weekly	*1.3	*0.7	**0.4	*1.0	*0.7	*1.2	5.4
	Less than two sessions weekly	**0.1	**0.0	**0.3	**0.3	*0.6	**0.3	1.6
	<i>Total</i>	6.8	4.5	4.9	5.5	5.7	6.2	33.7
Two hours or more but less than five hours	More than three sessions weekly	*1.5	2.7	3.9	3.8	3.6	3.5	18.9
	Two or three sessions weekly	2.9	1.7	2.9	2.6	*1.3	*1.1	12.5
	Less than two sessions weekly	*1.2	**0.3	*1.0	*0.9	*1.0	*1.4	5.8
	<i>Total</i>	5.6	4.7	7.8	7.4	5.8	5.9	37.2
Less than two hours	More than three sessions weekly	**0.3	**0.2	**0.2	*0.6	*0.6	*0.9	2.9
	Two or three sessions weekly	**0.0	*1.3	*1.5	*1.2	*1.3	*1.1	6.4
	Less than two sessions weekly	3.9	3.8	3.5	3.2	2.8	2.6	19.8
	<i>Total</i>	4.2	5.3	5.2	5.0	4.6	4.7	29.1
Total	More than three sessions weekly	7.1	6.7	8.3	8.7	8.5	9.2	48.5
	Two or three sessions weekly	4.2	3.7	4.8	4.8	3.3	3.4	24.3
	Less than two sessions weekly	5.2	4.1	4.8	4.4	4.3	4.3	27.2
	Total	16.6	14.6	18.0	17.9	16.1	16.9	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 87: Tasmanian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	15.9	47.3	15.4	48.8	31.2	48.0
25 to 34	12.9	46.0	14.9	50.8	27.8	48.4
35 to 44	14.3	45.0	18.0	53.3	32.3	49.3
45 to 54	12.2	33.9	16.7	44.8	29.0	39.4
55 to 64	11.9	36.8	15.9	47.3	27.8	42.1
65 and over	15.2	43.8	17.5	44.7	32.7	44.3
REGION						
Capital city	37.9	46.0	44.3	50.5	82.2	48.3
Rest of state	44.6	39.0	54.1	46.2	98.7	42.7
EMPLOYMENT STATUS						
Employed full time	41.1	39.2	26.0	52.9	67.1	43.6
Employed part time	12.2	49.3	33.5	52.0	45.7	51.3
Employed refused	**0.6	**26.2	**1.0	**25.9	*1.5	*26.0
Total employed	53.9	40.9	60.4	51.6	114.4	45.9
Unemployed	*2.5	*32.8	*2.5	*33.6	5.0	33.2
Not in the labour force	26.1	45.5	35.5	44.3	61.6	44.8
MARITAL STATUS						
Married	49.2	39.8	58.4	49.9	107.6	44.7
Not married	32.7	45.5	39.4	45.6	72.1	45.5
Refused/Do not know	**0.6	**51.3	**0.5	**54.4	**1.2	**52.7
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	21.6	40.2	31.8	51.0	53.4	46.0
At least one under 18 — none at home	*3.4	*38.6	**0.6	**58.1	*4.0	*40.5
No children under 18	57.5	42.9	66.0	46.8	123.5	44.9
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	19.6	52.1	26.6	59.6	46.3	56.2
Undergraduate diploma or associate diploma	5.8	41.9	7.7	53.6	13.5	47.9
Certificate, trade qualification or apprenticeship	13.5	41.3	9.8	39.3	23.3	40.4
Highest level of secondary school	16.1	42.0	23.4	47.8	39.4	45.3
Did not complete highest level of school	20.6	35.7	23.3	41.7	43.9	38.6
Still at secondary school	5.0	42.8	*3.9	*49.7	8.9	45.6
Other	**1.2	**39.0	*3.2	*52.1	4.4	47.8
Refused	**0.8	**45.7	**0.5	**27.1	*1.2	*36.3
LANGUAGE SPOKEN AT HOME						
English only	78.2	41.8	94.5	48.0	172.7	45.0
European language/s other than English	*1.2	*33.2	*1.6	*56.9	*2.8	*43.3
Non-European language/s	*3.1	*45.7	*2.8	*50.1	5.9	47.6
Total	82.5	41.9	98.4	48.1	180.9	45.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 88: All Tasmanian persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	11.1	7.0	6.3	4.8	4.4	**0.0	33.5
	25 to 34	15.1	*3.9	4.5	*2.9	*1.7	**0.0	28.1
	35 to 44	18.4	6.7	*2.2	*2.7	*1.9	**0.0	31.9
	45 to 54	23.3	5.5	4.4	*1.8	**0.7	**0.3	36.1
	55 to 64	22.7	4.6	4.4	**0.4	**0.4	**0.0	32.4
	65 and over	25.3	*2.7	*4.0	*2.4	**0.4	**0.0	34.8
	TOTAL	115.9	30.4	25.8	15.0	9.4	**0.3	196.8
Females	15 to 24	9.3	4.9	8.8	5.1	*3.5	**0.0	31.5
	25 to 34	19.5	*3.7	4.7	**0.9	**0.7	**0.0	29.3
	35 to 44	19.9	4.4	5.4	*3.1	**1.0	**0.0	33.7
	45 to 54	26.2	4.7	*3.2	*2.2	**0.7	**0.3	37.3
	55 to 64	25.4	*3.1	*3.4	**0.9	**0.9	**0.0	33.7
	65 and over	29.5	*2.0	5.9	**0.7	**0.9	**0.1	39.1
	TOTAL	129.7	22.8	31.3	12.8	7.7	**0.4	204.7
Persons	15 to 24	20.4	11.9	15.1	9.8	7.9	**0.0	65.1
	25 to 34	34.6	7.6	9.1	*3.7	*2.4	**0.0	57.4
	35 to 44	38.3	11.1	7.6	5.8	*2.9	**0.0	65.6
	45 to 54	49.5	10.2	7.7	*4.1	*1.4	**0.6	73.4
	55 to 64	48.1	7.6	7.8	*1.3	*1.3	**0.0	66.1
	65 and over	54.8	4.7	9.9	*3.2	*1.2	**0.1	73.9
	TOTAL	245.6	53.2	57.1	27.8	17.1	**0.7	401.5
Percentage of row (%)								
Males	15 to 24	33.2	20.9	18.7	14.2	13.0	**0.0	100.0
	25 to 34	53.7	*14.1	16.0	*10.2	*6.1	**0.0	100.0
	35 to 44	57.6	20.9	*7.0	*8.5	*6.0	**0.0	100.0
	45 to 54	64.6	15.3	12.3	*5.1	**1.9	**0.8	100.0
	55 to 64	70.0	14.1	13.5	**1.2	**1.2	**0.0	100.0
	65 and over	72.7	*7.8	*11.5	*7.0	**1.0	**0.0	100.0
	TOTAL	58.9	15.5	13.1	7.6	4.8	**0.2	100.0
Females	15 to 24	29.3	15.6	27.9	16.1	*11.1	**0.0	100.0
	25 to 34	66.4	*12.5	15.9	**2.9	**2.3	**0.0	100.0
	35 to 44	59.1	13.0	15.9	*9.1	**2.9	**0.0	100.0
	45 to 54	70.1	12.6	*8.6	*5.9	**2.0	**0.7	100.0
	55 to 64	75.5	*9.1	*10.1	**2.6	**2.7	**0.0	100.0
	65 and over	75.5	*5.1	15.0	**1.8	**2.2	**0.4	100.0
	TOTAL	63.4	11.1	15.3	6.3	3.7	**0.2	100.0
Persons	15 to 24	31.3	18.3	23.2	15.1	12.1	**0.0	100.0
	25 to 34	60.2	13.3	15.9	*6.5	*4.1	**0.0	100.0
	35 to 44	58.4	16.9	11.6	8.8	*4.4	**0.0	100.0
	45 to 54	67.4	13.9	10.4	*5.5	*2.0	**0.8	100.0
	55 to 64	72.8	11.6	11.8	*1.9	*2.0	**0.0	100.0
	65 and over	74.2	6.4	13.3	*4.3	*1.6	**0.2	100.0
	TOTAL	61.2	13.2	14.2	6.9	4.3	**0.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 89: Tasmanian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	7.0	15.4	11.1	9.1	22.4
	25 to 34	*3.9	9.1	7.9	4.6	13.0
	35 to 44	6.7	6.8	5.4	4.6	13.5
	45 to 54	5.5	7.0	4.7	*2.5	12.8
	55 to 64	4.6	5.2	*2.2	**0.8	9.7
	65 and over	*2.7	6.8	4.9	*2.8	9.5
	TOTAL	30.4	50.2	36.2	24.4	80.9
Females	15 to 24	4.9	17.4	12.4	8.6	22.3
	25 to 34	*3.7	6.2	*3.0	*1.5	9.8
	35 to 44	4.4	9.4	6.5	*4.0	13.8
	45 to 54	4.7	6.2	*3.9	*3.0	11.2
	55 to 64	*3.1	5.2	*3.0	*1.8	8.3
	65 and over	*2.0	7.4	*3.9	*1.6	9.6
	TOTAL	22.8	51.8	32.7	20.5	74.9
Persons	15 to 24	11.9	32.8	23.5	17.7	44.7
	25 to 34	7.6	15.2	10.9	6.1	22.9
	35 to 44	11.1	16.2	12.0	8.6	27.3
	45 to 54	10.2	13.1	8.6	5.5	23.9
	55 to 64	7.6	10.3	5.2	*2.6	18.0
	65 and over	4.7	14.2	8.7	4.4	19.1
	TOTAL	53.2	102.0	68.9	44.9	155.9

Total participation rate (%) (c)

Males	15 to 24	20.9	45.9	33.0	27.2	66.8
	25 to 34	*14.1	32.3	28.3	16.3	46.3
	35 to 44	20.9	21.5	17.0	14.5	42.4
	45 to 54	15.3	19.3	13.1	*7.0	35.4
	55 to 64	14.1	15.9	*6.7	**2.5	30.0
	65 and over	*7.8	19.5	14.0	*8.0	27.3
	TOTAL	15.5	25.5	18.4	12.4	41.1
Females	15 to 24	15.6	55.1	39.3	27.2	70.7
	25 to 34	*12.5	21.1	*10.2	*5.2	33.6
	35 to 44	13.0	27.9	19.4	*12.0	40.9
	45 to 54	12.6	16.6	*10.4	*7.9	29.9
	55 to 64	*9.1	15.4	*9.0	*5.3	24.5
	65 and over	*5.1	19.0	*9.9	*4.0	24.5
	TOTAL	11.1	25.3	16.0	10.0	36.6
Persons	15 to 24	18.3	50.4	36.0	27.2	68.7
	25 to 34	13.3	26.6	19.0	10.6	39.8
	35 to 44	16.9	24.8	18.2	13.2	41.6
	45 to 54	13.9	17.9	11.8	7.5	32.6
	55 to 64	11.6	15.7	7.9	*3.9	27.2
	65 and over	6.4	19.2	11.8	5.9	25.8
	TOTAL	13.2	25.4	17.2	11.2	38.8

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 68,900 Tasmanian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 90: Tasmanian organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	6.0	17.3	**0.0	10.3	*2.0	22.4
	25 to 34	4.4	10.2	**0.6	**0.0	**1.1	13.0
	35 to 44	*3.5	10.8	*0.8	**0.6	*2.8	13.5
	45 to 54	*2.8	11.2	*0.5	**0.0	*1.3	12.8
	55 to 64	**1.2	7.4	*0.0	**0.2	*2.0	9.7
	65 and over	*1.2	7.7	*0.0	**0.0	*2.0	9.5
	TOTAL		19.2	64.5	*1.9	11.0	11.2
Females	15 to 24	10.0	13.3	**0.5	8.5	*3.9	22.3
	25 to 34	5.3	7.0	**0.8	**0.8	*2.6	9.8
	35 to 44	7.7	7.8	*0.6	**0.0	*2.9	13.8
	45 to 54	5.0	5.0	*0.5	**0.0	*3.3	11.2
	55 to 64	*4.1	*3.4	*0.4	**0.2	*2.5	8.3
	65 and over	*3.0	5.0	*0.0	**0.0	*3.2	9.6
	TOTAL		35.1	41.7	*2.7	9.5	18.4
Persons	15 to 24	16.0	30.6	**0.5	18.8	5.8	44.7
	25 to 34	9.8	17.2	*1.4	**0.8	*3.8	22.9
	35 to 44	11.2	18.6	*1.4	**0.6	5.7	27.3
	45 to 54	7.9	16.2	*1.0	**0.0	4.6	23.9
	55 to 64	5.3	10.8	*0.4	**0.4	4.5	18.0
	65 and over	*4.3	12.7	*0.0	**0.0	5.1	19.1
	TOTAL		54.3	106.2	4.6	20.5	29.5

Total participation rate (%) (b)

Males	15 to 24	18.0	51.6	**0.0	30.6	*5.9	66.8
	25 to 34	15.8	36.3	**2.1	**0.0	**4.0	46.3
	35 to 44	*11.0	33.8	**2.5	**1.8	*8.9	42.4
	45 to 54	*7.8	31.0	*1.5	**0.0	*3.6	35.4
	55 to 64	**3.7	22.7	*0.0	*0.6	*6.1	30.0
	65 and over	*3.6	22.2	*0.0	**0.0	*5.6	27.3
	TOTAL		9.8	32.8	*1.0	5.6	5.7
Females	15 to 24	31.7	42.3	**1.7	27.0	*12.3	70.7
	25 to 34	18.2	24.0	**2.7	**2.7	*9.0	33.6
	35 to 44	22.7	23.3	*1.7	**0.0	*8.6	40.9
	45 to 54	13.5	13.5	*1.3	**0.0	*8.8	29.9
	55 to 64	*12.1	*10.1	*1.1	*0.5	*7.6	24.5
	65 and over	*7.7	12.8	*0.0	**0.0	*8.1	24.5
	TOTAL		17.2	20.4	*1.3	4.6	9.0
Persons	15 to 24	24.6	47.1	*0.8	28.9	9.0	68.7
	25 to 34	17.0	30.0	*2.4	*1.4	*6.5	39.8
	35 to 44	17.0	28.4	*2.1	*0.9	8.7	41.6
	45 to 54	10.7	22.1	*1.4	*0.0	6.3	32.6
	55 to 64	8.0	16.3	*0.5	*0.6	6.8	27.2
	65 and over	*5.8	17.2	*0.0	**0.0	6.9	25.8
	TOTAL		13.5	26.5	1.2	5.1	7.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 91: Tasmanian participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	23.9	12.1	47.0	23.0	70.9	17.7
Aquarobics	**0.2	**0.1	*3.4	*1.7	*3.6	*0.9
Athletics/track and field	*2.5	*1.3	**0.7	**0.4	*3.2	*0.8
Australian rules football	16.9	8.6	**0.9	**0.5	17.8	4.4
Badminton	**1.1	**0.6	*2.5	*1.2	*3.6	*0.9
Basketball	7.7	3.9	6.4	3.1	14.1	3.5
Billiards/snooker/pool	**0.2	**0.1	**0.0	**0.0	**0.2	**0.0
Boxing	**1.1	**0.5	**1.1	**0.5	*2.1	*0.5
Canoeing/kayaking	5.9	3.0	*2.8	*1.4	8.7	2.2
Carpet bowls	**1.2	**0.6	*1.6	*0.8	*2.8	*0.7
Cricket (indoor)	*2.2	*1.1	**0.2	**0.1	*2.4	*0.6
Cricket (outdoor)	17.0	8.7	*1.4	*0.7	18.5	4.6
Cycling	31.1	15.8	13.4	6.5	44.4	11.1
Dancing	*1.9	*1.0	8.9	4.4	10.8	2.7
Darts	**0.0	**0.0	**0.7	**0.4	**0.7	**0.2
Fishing	13.8	7.0	*2.7	*1.3	16.5	4.1
Golf	20.5	10.4	*3.7	*1.8	24.1	6.0
Gymnastics	**1.0	**0.5	**0.7	**0.3	*1.7	*0.4
Hockey (indoor)	**1.0	**0.5	**0.0	**0.0	**1.0	**0.2
Hockey (outdoor)	4.7	2.4	*2.6	*1.3	7.2	1.8
Horse riding/equestrian activities/polocrosse	**0.5	**0.2	*3.7	*1.8	*4.2	*1.0
Ice/snow sports	*2.1	*1.0	**0.6	**0.3	*2.7	*0.7
Lawn bowls	4.7	2.4	*3.3	*1.6	8.1	2.0
Martial arts	*2.8	*1.4	*3.7	*1.8	6.4	1.6
Motor sports	5.9	3.0	**0.4	**0.2	6.3	1.6
Netball	*2.0	*1.0	12.6	6.1	14.6	3.6
Orienteering	*3.8	*1.9	*2.1	*1.0	5.8	1.5
Rock climbing	*1.9	*1.0	**0.9	**0.5	*2.9	*0.7
Roller sports	*1.2	*0.6	*1.5	*0.7	*2.7	*0.7
Rowing	*1.5	*0.8	*1.9	*0.9	*3.4	*0.9
Rugby league	**0.8	**0.4	**0.0	**0.0	**0.8	**0.2
Rugby union	**0.4	**0.2	**0.0	**0.0	**0.4	**0.1
Running	18.9	9.6	13.1	6.4	32.0	8.0
Sailing	*3.4	*1.7	*1.2	*0.6	4.6	1.1
Scuba diving	*2.9	*1.5	**1.0	**0.5	*3.9	*1.0
Shooting sports	*4.0	*2.1	**0.0	**0.0	*4.0	*1.0
Football (indoor)	5.8	3.0	*1.3	*0.6	7.1	1.8
Football (outdoor)	9.3	4.7	*4.0	*2.0	13.3	3.3
Softball	**1.1	**0.6	**0.4	**0.2	*1.5	*0.4
Squash/racquet ball	*3.9	*2.0	*1.9	*0.9	5.8	1.4
Surf sports	*2.7	*1.4	*1.3	*0.6	*4.0	*1.0
Swimming	19.0	9.7	27.3	13.4	46.4	11.5
Table tennis	*3.2	*1.6	**1.2	**0.6	4.4	1.1
Tennis	7.1	3.6	9.2	4.5	16.3	4.1
Tenpin bowling	**0.0	**0.0	**0.9	**0.4	**0.9	**0.2
Touch football	*3.5	*1.8	*3.6	*1.7	7.1	1.8
Triathlon	**0.4	**0.2	**0.2	**0.1	**0.6	**0.2
Volleyball	**1.0	**0.5	*2.7	*1.3	*3.6	*0.9
Walking (bush)	19.8	10.1	16.5	8.1	36.3	9.0
Walking (other)	53.7	27.3	100.4	49.1	154.1	38.4
Water polo	**1.0	**0.5	**0.0	**0.0	**1.0	**0.2
Waterskiing/powerboating	*1.7	*0.9	*1.2	*0.6	*3.0	*0.7
Weight training	5.0	2.5	*4.0	*2.0	9.0	2.2
Yoga	**0.5	**0.3	6.6	3.2	7.0	1.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 92: Tasmanian participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	24.8	50.7	70.9	6.2	12.6	17.7
Aquarobics	*2.6	*1.4	*3.6	*0.6	*0.3	*0.9
Athletics/track and field	*2.6	**0.8	*3.2	*0.7	**0.2	*0.8
Australian rules football	13.4	6.3	17.8	3.3	1.6	4.4
Badminton	*2.6	*2.4	*3.6	*0.6	*0.6	*0.9
Basketball	11.4	*3.7	14.1	2.9	*0.9	3.5
Billiards/snooker/pool	**0.0	**0.2	**0.2	**0.0	**0.0	**0.0
Boxing	**0.8	*1.4	*2.1	**0.2	*0.4	*0.5
Canoeing/kayaking	*2.8	7.6	8.7	*0.7	1.9	2.2
Carpet bowls	*2.5	**0.3	*2.8	*0.6	**0.1	*0.7
Cricket (indoor)	*2.4	**0.0	*2.4	*0.6	**0.0	*0.6
Cricket (outdoor)	11.4	7.1	18.5	2.8	1.8	4.6
Cycling	4.4	42.7	44.4	1.1	10.6	11.1
Dancing	7.9	*3.5	10.8	2.0	*0.9	2.7
Darts	**0.7	**0.0	**0.7	**0.2	**0.0	**0.2
Fishing	*1.6	16.3	16.5	*0.4	4.1	4.1
Golf	15.9	13.0	24.1	4.0	3.2	6.0
Gymnastics	*1.3	**0.4	*1.7	*0.3	**0.1	*0.4
Hockey (indoor)	**1.0	**0.0	**1.0	**0.2	**0.0	**0.2
Hockey (outdoor)	5.2	*2.6	7.2	1.3	*0.6	1.8
Horse riding/equestrian activities/polocrosse	*1.3	*3.9	*4.2	*0.3	*1.0	*1.0
Ice/snow sports	**0.2	*2.4	*2.7	**0.1	*0.6	*0.7
Lawn bowls	7.9	**0.8	8.1	2.0	**0.2	2.0
Martial arts	*4.3	*2.3	6.4	*1.1	*0.6	1.6
Motor sports	*3.2	*3.9	6.3	*0.8	*1.0	1.6
Netball	12.8	*2.9	14.6	3.2	*0.7	3.6
Orienteering	*3.4	*3.3	5.8	*0.8	*0.8	1.5
Rock climbing	**0.1	*2.7	*2.9	**0.0	*0.7	*0.7
Roller sports	**0.0	*2.7	*2.7	**0.0	*0.7	*0.7
Rowing	*2.8	**0.8	*3.4	*0.7	**0.2	*0.9
Rugby league	**0.8	**0.4	**0.8	**0.2	**0.1	**0.2
Rugby union	**0.4	**0.0	**0.4	**0.1	**0.0	**0.1
Running	9.2	26.0	32.0	2.3	6.5	8.0
Sailing	*3.3	*2.3	4.6	*0.8	*0.6	1.1
Scuba diving	*1.4	*3.2	*3.9	*0.3	*0.8	*1.0
Shooting sports	*1.6	*2.9	*4.0	*0.4	*0.7	*1.0
Football (indoor)	5.4	*3.6	7.1	1.3	*0.9	1.8
Football (outdoor)	8.8	5.8	13.3	2.2	1.4	3.3
Softball	*1.5	**0.0	*1.5	*0.4	**0.0	*0.4
Squash/racquet ball	*2.5	*4.1	5.8	*0.6	*1.0	1.4
Surf sports	**0.4	*3.7	*4.0	**0.1	*0.9	*1.0
Swimming	*2.6	44.7	46.4	*0.7	11.1	11.5
Table tennis	*1.9	*2.4	4.4	*0.5	*0.6	1.1
Tennis	9.3	9.6	16.3	2.3	2.4	4.1
Tenpin bowling	**0.7	**0.3	**0.9	**0.2	**0.1	**0.2
Touch football	6.1	*2.0	7.1	1.5	*0.5	1.8
Triathlon	**0.6	**0.0	**0.6	**0.2	**0.0	**0.2
Volleyball	*2.4	*2.3	*3.6	*0.6	*0.6	*0.9
Walking (bush)	5.8	33.6	36.3	1.4	8.4	9.0
Walking (other)	4.7	152.4	154.1	1.2	38.0	38.4
Water polo	**1.0	**0.0	**1.0	**0.2	**0.0	**0.2
Waterskiing/powerboating	**0.3	*2.7	*3.0	**0.1	*0.7	*0.7
Weight training	*2.2	7.5	9.0	*0.5	1.9	2.2
Yoga	*4.2	*3.8	7.0	*1.1	*1.0	1.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use